



<http://www.cjw.org>

DIRECTOR
Teena Bruneau

bruneauchris@hotmail.com

**“Grow with Connecticut Junior Women in Friendship,
Leadership and Service.”**

November traditionally begins the holiday season each year, which translates into a busy time for Juniors. Remember between honoring the Veterans on Veterans Day and feeding the homeless on Thanksgiving, to take some time to count your blessings. Today I was reminded again of everything I had to be thankful for as I had my monthly lunch with approximately 1,000 seniors! This luncheon takes place at the Aqua Turf and each month there is a different theme, this month's was the Roaring 20s, and as soon as the music starts at 11 a.m. the walkers and canes are forgotten and the dancing only stops when the band takes a break to eat their lunch. The vans come from senior centers and nursing homes around the state and the average age is probably 75, but one woman who attends each month just celebrated her 104th birthday. It's a fun day visiting with the seniors and watching them burn up the dance floor.

On my personal list I am thankful for my supportive family & friends, for my fellow Juniors and for all the projects that Juniors do throughout our state. From the small clubs to the large clubs you are all contributing to the well being of the citizens of Connecticut. What has your club done since September? Whether it's 1 or 10 projects, you have improved the life of someone, and just think if your club hadn't done that 1 project someone would have been a little less fortunate. When we first met with Covenant to Care for Children I told their director, Caryl, that CJW had never met a challenge they couldn't meet and she is certainly testing our resources. So I am very thankful for everything you have done for CCC, this project never had a chance to get off to a slow start, it was two feet in and running from the start.

I hope everyone who attended Fall Conference enjoyed the new format on Friday night. Please send me your feedback or comments at any time; just make sure to put CJW in the subject line of your email.

JUNIOR BULLETIN

Connecticut Junior Women, Inc.

**“Grow with Connecticut Junior Women in
Friendship, Leadership and Service.”**

Vol. 72 No. 5 November 2008

The Meaning of Thanksgiving

*T is for the trust the pilgrims had so many years ago
H is for the harvest the settlers learnt to grow
A is for America, the land in which we live
N is for nature and beauty which she gives
K is for kindness, gentle words, thoughtful deeds
S is for smiles, the sunshine everyone needs
G is for gratitude... our blessings big and small
I is for ideas, letting wisdom grow tall
V is for voices, singing, laughing, always caring
I is for Indians, who taught them about sharing
N is for neighbors, across the street, over the sea
G is for giving of myself to make a better me*

by Judith.A. Lindberg

Assistant Director
Ronnie Hollis

ronniehollis@hotmail.com

Juniors Make a Difference

Hi everyone,

I know clubs are doing a great job with their membership drives, because I have heard from some of you, and I have been to a few clubs events. Big thank you to Wolcott; I went to their International Pot Luck. And I also was invited and went to Trumbull to their meeting where they had a speaker on the development of their town. Some of the Board call me little "D", but at this rate with going to club events with the great refreshment they always have the Board will have to call me something else.

A few clubs I have heard from have decided that they would have a set number as a membership goal, I have mentioned this before. This is a good think if you can do this, but not all club are in the position to do this for one reason or another. So those clubs may need to think small 2-4 new members are a good start. When you don't have any goal there is nothing to strive for or no goal to reach. You may not reach your goal but the key is not to make it one that is so out of sight you are doom to fail.

Let me talk about small clubs for a while. I know so many of you are struggling, try not to get discouraged. You may have to attack the problem in a different way. If your membership is small and you are having trouble with doing some or all of your project, or you are having trouble getting chairs for departments you may have to cut back a bit on what you do. It is better to cut back on some things then burnout your membership. What I mean about cutting back is, don't have department chairs, do each project as a single event and if you don't get someone to chair it you don't do it. In some cases this is going to be a hard decision. It may be your club does only a few events a year but till you build up your membership to were you can do those project again that need more members to do them, it may be a good idea for awhile.

Ronnie
As always In Junior Spirit
Remember "Juniors Do Make A Difference"

Immediate Past Director
Sheree Rinaldi

shereerinaldi@optonline.net

Corresponding Secretary
Lois Wack

roaddog624@att.net

I always try to think about what is the best message to communicate with clubs. This month I actually have two. The first one is one that has been communicated before, but can use reminders every now and then. That involves the use of the club mail/email list. ***Use of the CJW Club Lists in the Blue Book for mailings is prohibited without prior authorization from the CJW Director.***

The other involves r.s.v.p. There are often times, confusion on when and when not to r.s.v.p. In the days of old when you were sent an invitation or reminder or message, one would always acknowledged the receipt of the communication, and send their r.s.v.p. Somehow that has been changed or has it? Many time people think "oh if I don't respond they'll know I won't be there". That's is not the case at all. In this day of email, it is not only easy but such a courteous display to respond to every communication you receive, and say if you are attending or not. If you receive an invitation to a club event, the club would be grateful to know if you are attending or not attending - that way they are not wondering if you ever received the invitation. If you are not sure you can make it, you can communicate that as well. I had a computer "glitch" one day and it sent out lots and lots of the same message. Fortunately someone told me and I discovered a computer problem - I wouldn't have known if the person hadn't responded to me.

Let's all work on responses. Make it a point that if you receive an invitation or a call, send a quick email with your r.s.v.p. - even if it's to say you'll answer later.

Keep communicating!
 Lois

Treasurer
Ann Whitman

annwhitman@snet.net

All Checks written should be either in your budget or have a check request voucher with receipts attached or a copy of the minutes where the motion to approve disbursement of check was approved.

CHECK REQUEST VOUCHER (sample Section 25 E)

A check request form, with receipts attached, should be prepared for each check to be written. The form should include:

- Who check should be made payable to and mailing address when necessary
- Amount to be paid
- Brief description of expenses
- Line item on budget to charge
- Signature of check requester
- Date

YOUR Club Name
CHECK REQUEST VOUCHER

Please complete this form and return it, along with copies of your receipts, to the club Treasurer.

MAKE CHECK PAYABLE TO: _____

Amount of Check: \$ _____

IF CHECK IS TO BE MAILED, PROVIDE COMPLETE MAILING ADDRESS: _____

BRIEF DESCRIPTION OF EXPENSES AND DATE INCURRED: (Use the back of this form to itemize mileage, etc.)

EVENT AND/OR POSITION: _____

SIGNATURE: _____

For Accounting Use: Check # _____ Date Issued
_____ Acct # _____

Happy Thanksgiving
Ann

Recording Secretary
Eve Sarra

apple319@charter.net

Taking Minutes

- Step 1: Obtain the meeting agenda, minutes from the last meeting, and any background documents to be discussed. Consider using a tape recorder to ensure accuracy.
- Step 2: Sit beside the chairperson for convenient clarification or help as the meeting proceeds.
- Step 3: Write "Minutes of the meeting of (exact association name)."
- Step 4: Record the date, time and place of the meeting.
- Step 5: Circulate a sheet of paper for attendees to sign. (This sheet can also help identify speakers by seating arrangement later in the meeting.) If the meeting is an open one, write down only the names of the attendees who have voting rights.
- Step 6: Note who arrives late or leaves early so that these people can be briefed on what they missed.
- Step 7: Write down items in the order in which they are discussed. If item 8 on the agenda is discussed before item 2, keep the old item number but write item 8 in second place.
- Step 8: Record the motions made and the names of people who originate and second them.
- Step 9: Record whether motions are adopted or rejected, how the vote is taken (by show of hands, paper ballot or other method) and whether the vote is unanimous. For small meetings, write the names of the attendees who approve, oppose, and abstain from each motion.
- Step 10: Focus on recording actions taken by the group. Avoid writing down the details of each discussion.

Eve

Parliamentarian/Leadership
Evelyn Magera

evelynfromjuniors@hotmail.com

Juniors are great leaders like shining stars guiding the way.

Happy Thanksgiving to everyone,

It was so nice to see so many new and familiar women at Fall Conference. I thoroughly enjoyed the new Friday evening format that seemed to be the consensus for all of you too. As I mentioned in my report at conference CJW is responsible to review in its entirety, our Bylaws and Standing Rules every 5 years. The last full review was done during my term as director in 2003. Our first review meeting will be held at Ann Whitman's home on November 17th with the committee members of Diane Maxellon, Past Director 2000-2002, Ronnie Hollis, Assistant Director, Ann Whitman, Treasurer and me.

All club members are invited to review the current CJW Bylaws and Standing Rules documents that are included within the Blue Book CD that was distributed at September board meeting and send us any recommendations or resolutions you think should be changed. The contact information for Ronnie, Ann and me are included with this newsletter under our respective department articles. Diane may be contacted via email at diamax@aol.com.

Please send me your updated bylaws for our club's records; and many thanks to Newtown, West Haven, and Vernon Juniors for sending me their bylaws already.

Here is an inspirational quote I found on an Oak Lane Gallery(tm) greeting card that I thought is a combination of our Director's theme and mine:

**Count your garden by the flowers,
never by the leaves that fall.**

**Count your days by the golden hours,
don't remember clouds at all.**

**Count the nights by stars, not shadows.
Count your life by smiles, not tears.**

**And with joy on everyday,
Count your age by friends, not years.**

Many blessings to you and your families during this Thanksgiving holiday.

In Junior Spirit,
Evelyn

Arts
Holly Miotke

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Conservation
Lynn Sellers

msellers@snet.net

Theme: GO GREEN – Use; Recycle; Repeat

First of all, thank you to all who brought ink jet cartridges to the September meeting and Fall Conference. We will again be collecting cartridges at March Presidents night and Spring Conference, so notify all your friends and co-workers to continue saving their used cartridges.

Do-It-yourself Weatherizing tips from United Illuminating:

1. When a fireplace is not in use, keep the flue damper tightly closed to prevent warm air from escaping 24 hours a day.
2. Stop drafts by adding weather stripping and caulking around all doors and windows including attic entryways. Caulking also works around baseboards and exterior faucets if you feel drafts in any of these areas.
3. Use passive solar heating on sunny days i.e. open up those drapes on south facing windows when it is sunny. Close the drapes at night to provide insulation. Up to 15% of your heat can escape through unprotected window.
4. Seal off unused rooms and close vents and doors to save energy.
5. Insulate your home properly.
6. Use outlet gaskets on exterior walls of your home. Some of the worst leakage occurs around outlets.
7. In the winter, steam from bathing and cooking humidifies your home and makes it easier to heat. Use kitchen and bathroom exhaust fans sparingly to take advantage of this.
8. Make sure heating vents for supply or return air is not blocked by drapes or furniture.
9. Use a programmable thermostat set at 68 degrees or lower for heating and set it back a few degrees at night.
10. Have your heating system tuned and cleaned yearly for best efficiency.

Other helpful hints include: weatherization kits for windows, flow restricting shower heads, compact fluorescent light bulbs, and door sweeps. Anyone can take a tour of the Smart Living Center in Orange where you can learn more about energy-efficiency and other home weatherizing tips. Call 1-877-WISE-USE or visit www.uinet.com

DID YOU KNOW?? That the switch to compact fluorescent

bulbs may cost more than standard ones, but they last 10 times as long and use one-quarter of the energy? If every household installed one bulb, the combined reduction in carbon emissions would be equal to taking 800,000 cars off the road!!

Lynn Sellers

Current Affairs
Bunny Ouellette

mouellette@timex.com

It was great to see everyone at Fall Conference; I loved the Friday night format. Many thanks for the items donated for collection for the troops and will be collecting additionally at March Presidents Dinner and Spring Conference. Veterans Day celebrations are the 11th month, 11th day, and 11th hour every year; if your town has a formal celebration, participate if you, to can to show honor and support of our troops.

Don't forget to VOTE!

In Junior Spirit,
Bunny Ouellette

Education
Elizabeth Tischio

johntischio@prudentialct.com

Theme: "Ancora Imparo" – I'm still learning

When you think of autumn in Connecticut, you probably think of cool days, colorful foliage, country fairs, and football. Did you know that today's modern football game was shaped by a Yale student? When we study American history in school, Connecticut doesn't get much attention. However, our state gets the spotlight in *It Happened In Connecticut* (Globe Pequot Press, \$12.95), written by historian and author Diana Ross McCain. This collection of twenty-five events that shaped the Nutmeg State covers Connecticut's history from colonial days to the present century. It demonstrates how Connecticut's history is both interesting and entertaining.

Connecticut history has been the focus of the Durham resident's studies for over two decades. One chapter is dedicated to the story of Walter Camp, who is often called the "father of American football." Another chapter details how people were sentenced to death for alleged witchery in Connecticut 45 years before the well-known 1692 Salem Witch Trials in Salem, Massachusetts. Windsor resident Alice Young was the first 'witch' to be executed in 1647.

The author gives us some sense of the vastness and diversity of Connecticut history that we wouldn't expect. Much of our state's history is fascinating because most people don't know about it. Many of the historical events McCain writes about still have physical locations that we can further explore. For example, we can visit the Sherwood Island State Park in Westport, where a memorial was erected for the 152 state

residents who died in the attacks on the World Trade Center on September 11, 2001.

Count your blessings and have a happy Thanksgiving!
Elizabeth

Junior Bulletin Editor
Riva Clark

rclark@bkm.com

Here is a fun website to check out and can do with your kids: <http://www.howmanyofme.com> put in your first and last name and see how many people in the USA have your name as well. Plus how common or uncommon your name is. I checked mine; Riva is almost the 5000th most uncommon name whereas Clark is the 20th. There are 4 women named Riva Clark; and here I thought I was unique!! Guess I'll have to get myself trademarked ☐

Happy Turkey Day!
Riva Clark

p.s. this years newsletter judges are:
Nancy Carter - Homelife
Evelyn Magera – Parliamentarian/Leadership
Lynn Sellers – Conservation

Also email a courtesy club newsletter copy to Teena Brunea, Ronnie Hollis, [and your District Rep.](#)

Juniorette Coordinator
Debi Puzia

dapuz55@yahoo.com

Hi Everyone!

With the fresh smell of the autumn air I am reminded that we are well on our way with this new year. Sunday event in Southport was AWESOME. A big THANK YOU to the Juniorettes and Advisors who attended. Your help was so welcomed. With the first event under our belts please respond to the email regarding Juniorette Fall Day Celebration to be held on Sunday Oct. 19th at the Curechief Foundation in Cheshire. I realize that there are some clubs with conflicting events that day.....I know my club has an event at the Hole-in the Wall Camp...so we are splitting up the club to attend both events. Please consider doing this also if there are conflicting events. Fall conference is quickly approaching; if anyone wants to discuss Juniorette issues please feel free to ask me at Conference. I am planning on attending some events later in the month...thank you for the invitations. Don't forget the Juniorettes are needed at the Covenant to Care For Children event on Nov. 7th. If you have any questions please contact me for more information.

Debi

Meeting Planner
Patti Stankevicius

pstanks@netzero.net

Health
Luann Clark

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Some great tips always come out at CJW Conferences and Pass the Plate, a Cook for the Cure program in support of the Susan G Komen Foundation was a wonderful one. Thank you to the South Windsor club for starting it within CJW as Director Teena Bruneau platform is breast cancer awareness. You can start it in your club by purchasing the \$25 plate off the website www.CookfortheCure/PassthePlate.

Their motto is Pass the Plate, together we can make a difference, one plate at a time. Kitchen Aid will donate \$5 to the Susan G Komen for the Cure each time the plate is passed and registered. During 2008 Kitchen Aid will donate a minimum of \$1,000,000 to Susan G Komen for the Cure in conjunction with its pink product collection with each registration generating a \$5 donation. Susan G Koman for the Cure continues to raise money and awareness for the breast cancer research and cure.

Luann

p.s. Luann had a breast cancer article for last month and its my fault it didn't make it into the October bulletin; it will be in the December bulletin. Spam-blockers = gotsend & a curse. Riva

Homelife
Nancy Carter

nancy_carter@sbcglobal.net

Thanks to everyone who contributed tuna / money at September Workshop. We will also be collecting at Fall Conference, President's Dinner and Spring Conference, alternating which Food Bank receives our donations. So please remember to bring canned tuna (or checks) to the Fall Conference on October 24th. Food Banks get more "bang for the buck" through their contacts and heaven knows a check is lighter to carry than canned goods! Make checks payable to CJW with the notation for food banks.

Does your club provide a holiday meal for a needy family in town? If not, please consider starting this very heart-warming tradition. Your local social services agency (and every town has one!) will be happy to work with you.

In Junior Spirit,
Nancy Carter

Hi everyone: It was such a great Fall Conference and I would like to thank my committee for all their hard work.....we had a great time didn't we ladies? You also received a survey sheet on Fall Conference. Please be sure to get them back to me ASAP. I am still looking for a Hosting club for Spring Conference 2009 @ The Hawthorne Inn on April 24th & 25th.

*Happy Thanksgiving,
Patti*

**Public Relations / Website
Heidi Nelson**

daffodil8494@yahoo.com

Since becoming the CJW Public Relations Chair, it has motivated me to try and use my own club as an example of for the articles I write for this bulletin. For example, before writing the article about what makes a good website, I worked on updating the site for my own club. However I find that the bulletin deadlines come around quickly and I haven't been able to do anything for my club as an example. So I'm doing to do this two-part article on what makes a good brochure since I know my club will need an updated brochure before an event we're helping with in December.

These are tips I've picked up from my years in publishing, things I remember learning in college and tips I found on the internet. Part one will cover the content; part two will cover the graphics and visual impacts.

What Makes an Eye-catching Brochure
Part 1- The Content

Decide on the purpose of your brochure. It is an advertisement? Is it a detailed marketing piece? What kind of customers will be getting your brochure?

If you decide it is an advertisement, you will want it to scream for attention, play on the emotions of the person reading it. Like an advertisement, it will have a big headline, strong visuals and a distinct call to action.

A detailed marketing piece is created to follow through with customers who want more detailed information. The reader has to contact you with questions.

Certainly your brochure can have and do both.

What are you trying to accomplish? Do you want new members to join your club- then create interest and excitement with an advertising type brochure. Are you just looking to let the public know you're out there- then perhaps a brochure packed with information is the way to go.

You could create one of each. One to accomplish each goal.

The content of your brochure will change depending on the objectives you set, but there are some general guidelines you will want to follow with your brochure design.

Your brochure cover should get the readers attention with an emotional appeal, a provocative question, or a benefit statement. Approximately 80% of people will not open a

brochure that doesn't give a prime benefit or a compelling reason on the front cover.

Lead with the benefits - don't bury them. Feature key benefits in headlines, subheads, and captions. You must entice the reader simply to get them to read your brochure. And then you must motivate them to take action.

Most readers at first will only read headlines, subheads, and captions. These must give the benefits and the motivation so that your readers will want to read the rest of the copy.

Know your reader's desires, and demonstrate how you fill those needs. Benefits trigger emotions, and emotions will win out over logical persuasion every time. For example, I recently put together an ad for my club (Stratford) and used the headline: When was the last time you had a personal impact on your community?

The content should be active and enthusiastic!
A good suggestion is to have a friend of a club member or an organization that you've helped write the copy. You will be surprised at the difference and the result.

Try this exercise: Count up how many times you used the words "I", "we", or "our club" in your document. Now strike them all and replace them with "you" or "your". People care about how you can make their lives better.

Read the direct mail pieces that the credit card companies mail to you – these are well written sales copy. Don't be embarrassed by sales copy. Customers know that they are reading a promotional brochure. They are consenting to read, and desire to read, sales information. That's why they are voluntarily reading your brochure.

Try not to use more than five or six lines in each paragraph.
Try not to use more than two or three sentences per paragraph.

If it's been a while since you have updated your club's brochure or any hand-out you have, perhaps it's time to look at it with fresh eyes. Get the input of your newest members or prospective members. Would it compel them to attend a meeting, seek more information or just walk away?

Next month I'll get into the different sizes and layouts for brochures or hand-outs. Plus I'll talk about how to use graphics, color and layout to impact your audience.

Heidi

**Report Writing
Kathy Znosko**

kzosko@bsamail.org

For the past few months I've encouraged you to look at report writing as record keeping for your club. That is the primary purpose of writing reports. I have also encouraged you to write these records in the form of "How to and When" books to be passed on to future department and activity chairs in your club.

I've suggested that actual Project Reports can more easily be written by pulling information from these books.

Now, as the time for submitting reports to CJW draws closer, we should start to look at the actual Project Report itself. This is why there was a sample Project Report in your files at the Workshop/State Project Kick-off on September 24. If you attended that event or received your file before receiving the October issue of the Junior Bulletin, I apologize! When I wrote on the back of that sample report that I would answer my question of how that sample could be improved, in my next Junior Bulletin Article, I meant the November issue, not the October one. I had forgotten that the October issue had not gone out yet.

The sample report was actually taken from an old handout from a former Report Writing Chairman. Her handout had included three narrative accounts of that project, asking which was the better report. I took the narrative that included the most information and rewrote it in outline form. I've reprinted that handout for Fall Conference, so you can see and compare, for yourselves.

Outline form is the easiest for chairmen to read and is the quickest to write. However, because it is spread out over more of the page, sometimes not all of the information fits on the one page. That was the case with the report I wrote. The narrative more clearly explained the tribute wall, information I had to cut due to lack of space.

What I felt was most lacking in this report, especially in terms of creating records for the club's future use, was the specific contact information for the Boy Scouts and Girl Scouts. The narrative did not give that information and it did not say who, specifically contacted the Junior Club for help. I also thought it would have been helpful to know the breakdown of how many Boy Scout Troops and how many Girl Scout Troops were contacted and how many of each participated. (But that just might be because I work for the Boy Scouts!)

If you had any different thoughts on how this sample could be improved, I would love to hear them. Email me! Invite me to your club or District meetings where we can discuss what makes a good report, both for your club's records and for submitting to CJW.

*Happy Thanksgiving!
Kathy*

State Project Gretchen Saccone lik2travl@aol.com	Heather Pulito heatherstitch@aol.com
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In Leadership and Service, Grow with State Project

What a wonderful September Board. Ever since we have taken this project on there has been so much enthusiasm and at September Board it was definitely evident and we are so thrilled.

October 5th the Tolland Juniores helped out at the Southport event and were quite the hit!!! They also had a bake sale the day before and were able to donate \$50.00. They went above and beyond!!!

Here is info about CCC that we would like to share. It was established 1987 and have served more than 500,000 children since that time. This year there will be need for more than 25,000 neglected and at-risk children in our state. Included are even more children who have parents are incarcerated. There are 260 social workers in the state that we will be helping throughout the year.

In the upcoming months CCC might be putting out a call for help or for items that they will need. It might be in your area. If this occurs hopefully your club will be able to help, but we want to make **perfectly clear** it will not be solely your responsibility to "fill the order". CCC understands that we can't do everything. There are other organizations that will also be contacted at the same time. We ask you to help wherever possible.

If a club wants to adopt a social worker this is the procedure. You contact the CCC coordinator closest to your area - either Stratford, Waterbury or Bloomfield. Or the club could call Bloomfield and they could assist in this venture. A meeting will be set up where they meet with a CCC coordinator and then agree to do a covenant. **One** club member decides to be the main contact or "**liaison**". The coordinator finds a match and coordinates a meeting and a signing of a covenant agreement. The social worker and the liaison worker together bring requests to the club for children on the social workers caseload. If a club wants to do this we need to connect them with one of the AASW coordinators. Several clubs have already signed on for this.

The club just needs to give a call or email and will be connected with the coordinator serving their geographic area.

Stratford 203-377-4037
Waterbury 203-574-0365
Bloomfield 860-243-1806

At Fall Conference we will have 500 stockings to be filled by clubs. A list of items has been emailed to the clubs. Please return the stockings to your District Reps by Thanksgiving so that CCC will have enough time to deliver them. PLEASE put the stockings in a box or separate bags so if the stocking tips over all the contents will remain in the stocking. Also label the stocking as to gender, age and club giving. If you are unable to attend call either one of us to make arrangements to get stockings. We have not put a dollar amount on each stocking please use your best discretion--don't go over board!! Very exciting that we are helping Santa Claus!!!!

The Fall Conference handout is a list of ideas for Placement Packs and gifts in general. Please hang on to these lists incase you're called upon to help fill these wishes.

Here are some upcoming events planned by CCC. Please if you can attend with your family or friends to help support CCC.

- November 7, 2008 Dancing With Covenant Stars, Goodwin Hotel Hartford, major fundraiser, \$100.00 per person or \$1000.00 for a table.

- December 20, 2008 Bridgeport Sound Tigers Hockey game, Teddy tosses and toy drive. Bring a new unwrapped toy or teddy bear to the game.
- January 31, 2008 Bridgeport Sound Tigers Faith Night Hockey Game and Rock concert proceeds to CCC family friendly environment with lots of activities.

Please email us your State Project chairs email addresses.
 We would like to have these incase there is an emergency call from CCC where they would need help quickly. We could get the word out and get responses promptly via email—the wonders of technology. Acting quickly is what Juniors is all about!!!!!! Our list is growing!!!!

Please remember to go to their website: www.coventocare.org so much information can be found at the site.

*In Junior Friendship,
 Heather & Gretchen*

**Ways and Means
 Sue Spencer**

razoo@cox.net

What a beautiful fall we are having. I hope everyone is enjoying it as much as I am. In the Ways and Means handout at September boards an item was not on the list that should have been.

Please add membership pins at a cost of \$7.00. A new order form will be in your file at the Fall Conference.

I am also interested in any ideas that the clubs might have on new items. I would like to add at least one or two items.

Thanks in advance for your input.

Sue Spencer

**ONE District
 Jennifer Quinn**

jenquinn@comcast.net

ONE District consists of: Barkhamsted, Ellington, Enfield, Simsbury, South Windsor, Stafford, Tolland, Tolland Junioresettes, Vernon, Vernon Junioresettes, and Windsor.

Tolland Junior's:

TJW is hosting a membership drive at our October club meeting. Invitations have been sent out and turnout is expected to be high. We will be setting up a booth for each committee chair to give an overview of what projects they have going on this year to give our newest members and our invited guests a

good idea of what TJW is all about. We will be installing four new members at this meeting.

Our annual 5th Grade Harvest Dance, will be held on Friday, October 17th in the APR at the Tolland Intermediate School. The "Not So Scary Haunted House" at the Town Hall is scheduled for Thursday, October 23rd from 5:30 - 7:00. Goodie bags will be handed out to all the little ghosts and goblins as they walk by.

A number of juniors will be attending the fall conference at the Stillwood Inn in Wallingford.

Stafford Junior Women's Club;

We're off to a great start - The Stafford Junior Women's Club will be hosting our annual Halloween party on Sunday, October 26, 2008. This community event is at no cost for children 10 and under. We do ask each family to bring a non-perishable food item for our local food bank and in return the children get a free Halloween bag with some candy inside, plenty of games and activities to take part in as well as a costume judging contest. We have several categories and age groups and each winner will receive a little goodie bag. The day is filled with many great memories and this is one of our bigger community/family events. The month of November is also full of events.

We are starting off with a new event to our club, a Patriotic bake sale on Saturday, November 1, 2008. We plan to sell all kinds of donated home baked goods as well as our cookbook. We will be honoring our Veterans by hand painting wooden heart and star pins with the red, white and blue flag theme. This is a small token of our appreciation and something they can wear all year long. During Education Week, we will be delivering approx. 300 apples to our schools in town to thank our teachers and staff for the wonderful job they do all year long. Our cookbooks are still available; please contact Jenn Worthington, jenn.worthington@sbcglobal.net or Gerrie Ouellette, ouelleteg1@aetna.com. The cost per cookbook is \$8.00 plus \$2.00 shipping and handling. Please send your name, mailing and email address, phone number and check made payable to SJWC to P O Box 84, Stafford, CT 06075.

SouthWindsor:

For its fall event, South Windsor is sponsoring an Art & Silent Auction on November 14th at Adam's Mill in Manchester. Tickets are \$25 per person and can be obtained by contacting Jody Russo. Money raised will go the SWJWC general fund and then towards a community donation yet to be decided.

Fall is here and Juniors are working on a tremendous amount of activities from the summer refreshed. Barb is also going to hosting a New Member Reception on October 16th at the Library from 6:00-8:00 p.m. This is an opportunity for us to showcase the various committees and projects we work on and invite all prospective members to our next meeting. Several members and I also attended the SW Safe Home playground dedication lunch. Unfortunately, due to rain, we only were able to catch a peek at the new red, white, and blue structure through the windows. It is a wonderful addition to their facility and the children really enjoy playing on it. We also went on a tour of the home that was recently painted inside during the United Way Day of Caring. They were at near capacity with children ranging in ages and surrounding areas. Our Home Life chairs will be looking at ways we can continue to support this organization.

At the September Meeting, membership passed a motion to support a donation of \$250 to South Windsor Human Services to supplement a purchase for a \$440 portable ramp to accommodate a woman and her family in town. The woman had to have an emergency cesarean and due to the trauma of events, her pelvis became dislocated. The mom is home recovering with the baby (she had a GIRL!). The doctor felt it would be 12 weeks or more before she can bear any weight. She received a wheelchair but her insurance does not cover custodial care. The ramp Human Services is purchasing is portable enough so that the family can get her in and out of their house and their van for doctor's visits, etc. Once she is better, the ramp will be returned to Human Services for future needs.

Several members brought in Halloween costumes to swap at the September meeting. All but two were exchanged. At the October meeting we will continue the Halloween Costume Swap. Please bring in any Halloween costumes that you no longer need and anyone who wants them can take them home. If there are any costumes left at the end of the meeting, we will donate them to the Safe Home.

You probably have noticed in the newspapers lately, many articles from various food pantries asking for food donations. The need will only get worse as the winter months approach us. Home Life would like to help stock our own community food & fuel bank as our main focus for this year. We mentioned our plan at the September meeting with intentions to begin collecting food and loose change at the October meeting for the South Windsor Food & Fuel Bank. Brenda Leibowitz suggested we start immediately with the loose change and we collected \$50.70. What a great response! Thank you!

Additionally, book mark the website www.thebreastcancersite.com. Clicking on a button helps to get a mammogram donated to someone who cannot afford one. Sure, it takes 45,000 clicks to equal a mammogram but each person's click counts and they average donating the equivalent of 1.3 mammograms a day. Your click only takes a second and could help someone.

Windsor:

Donated a total of 9 Baskets to the Northwest Park country fair that was held on Sept. 20, the baskets brought a total of 1,025. which is awesome. All proceeds from the baskets go to the "Friends of Northwest Park". Also we had out towns 375 parade and celebration on Sept. 28 where we sold caramel apples and cold cider.

In home life social we planned an outing for Junior members and their family/friends to the annual Brown's harvest. The kids and their family/friends enjoyed a hayride, picking a pumpkin from a select patch, apple cider and doughnuts. As well as the corn maze and haystack all set up for the kids to have fun.

Jennifer

Regal Monarchs District
Kerry Tully-Zahnke

regal.monarch.dr@sbcglobal.net

The Regal Monarch District consists of: Cromwell, Farmington, Glastonbury, Hebron, Hebron Juniores, Marlborough, West Hartford, and Wethersfield.

No clubs reporting.

The Mountain Laurel District
VACANT

The Mountain Laurel District consists of: Berlin, Bristol, Southington, Watertown, Wolcott and Wolcott Juniores.

Wildbury District
Rene Fisher

rfisher0218@yahoo.com

Wildbury District consists of: Beacon Falls, Bethlehem, Cheshire, Litchfield Hills, Middlebury, Oxford, Southbury, Southbury Juniores, Woodbury and Woodbury Juniores.

No clubs reporting.

S.H.O.R.E. District
Phyllis Prokop

phyllis.prokop@cityofmiddletown.com

SHORE District consists of: Durham, East Hampton, Haddam, Lyme/Old Lyme, Middlefield, Portland, Shoreline, Wallingford, and Wallingford Juniores.

Is it possible that another month has gone by?! It was so nice to see many of you at the Fall Conference, if I didn't get a chance to stop by please accept my apologies. It was a great event and if you did not attend, please make a point of coming to an upcoming district meeting or at the very least the Spring Conference. I am planning to host a DISTRICT MEETING during the last week of November or 1st week in December. This will be a great opportunity for our clubs to get together and get to know one another. I will have more information shortly on the exact date and time. I would like to have a brainstorming session on setting a district goal and combined project, but in addition a fun activity -- we will be making Christmas / Holiday wreaths for our doors-- this will be a great way to kick off the holiday and share a fun activity at the same time.

There was so much information shared about CCC and if you would like to participate in the stocking stuffer activity for CCC, I did pick up extra stockings-- please contact me directly and I can get a few to you-- go through the packages located in the boxes, there are so many great ideas generated by our sister clubs, I'm sure that something will fit your club and it's a great opportunity to start something new.

Durham Womans Club

The Durham Fair was a little damp to say the least, but the club really pulled together to make things happen. They have completed a major project of setting up a permanent booth and with the help of many members and their spouses; it will be enjoyed by all for many years to come. Also they recently held their club anniversary and potluck supper. What a great way to spend time with your members and to generate new members.

East Hampton Junior Womens Club

Held a membership open house on October 25th-they want to focus on boosting numbers this year. The club is selling their annual town ornament, which is made by the former Gong Bell Factory and they are going GREEN-- by selling tote bags featuring the Rapallo viaduct- a great idea for keeping all your juniors paperwork in one place. Visit their website if you are interested in purchasing any of these items.

Lyme - Old Lyme Junior Women's Club

The club has been busy kicking off their year with an adult social- they are also going GREEN by riding together to meetings, saving gas and making new members feel more comfortable by walking in with them. Great ideas. They are kicking off their fall fundraiser by selling candles, lotions and shower gels- great gifts idea for teachers, babysitters, etc. all items are under \$12.

They already have scheduled their annual art show for April 24-26- YELLOW will be their color theme this year. If you have not gone to this event in the past, you need to go this year. It's fantastic.

Junior Womens Club of Portland

Hosted their ever popular kids talent show at the Portland Fair. On Saturday October 11 - 24 acts participated and trophies were given to the top three acts in each division. The fair gods were very kind this year and the fair broke record attendance all three days as well as for the talent show. Next on the agenda will be a cocktail reception and membership drive, inviting past, present and future members to become reacquainted with the club and to discuss the upcoming holiday events and other club activities.

Please keep your newsletters coming to me each month and if you have anything special you would like me to highlight, don't hesitate to let me know--

There are a lot of activities coming up this month, especially with Covenant to Care for Children. Please get involved. Thank you to Gretchen and Heather for all the information that was shared at Conference.

*In Junior pride and spirit
Phyllis*

The Dogwood District
Laura Mann
26 Sunnyridge Parkway
Trumbull CT 06611
203.371.0676
lotakids6@aol.com

Hello Ladies,

I have talk to many of you about your concerns about participating with Covenant to Care. We can either continue to participate the way we are by just having each club trying to fulfill their request or we can adopt a Social Worker as a whole. I have heard from a few clubs who are on board with the adopt a Social worker as a District. Please let me know if your club is on board.

Club News:

Fairfield Junior Women's

CO-Presidents Lori Addison & Jennifer Hinkle

Milford Junior Woman's

CO-Presidents: Rose Rodrigues & Tina Oko
November 7, Glam Night at the Hairloft & Ladies 80's dance. Plans for their Ziti Dinner is underway. The event is schedule for January 25th at Saint Mary's.

Monroe Women's Club

CO President: Ann Santos & Sheila Craw
Monroe Craft Fair is coming up in November on Saturday, the 8th from 10-4 at Masuk High School.

Newton Junior Women's

President: Christine Grabowski

Orange Community Women

President: Dona Wesolowski

Stamford Junior Woman's

President: Mary Garvey

Stratford Junior Woman's

CO-Presidents: Susan Kostopoulos & Kimberly Bielecki

Trumbull Community Women

CO-President: Donna Monks & Laurie Rongey
Trumbull annual fundraiser is an Evening of Wine & Music at the Stone Barn in Monroe on Saturday, November 15th at 7:30 pm. Cost \$40 per person/ \$45 at door. The evening will be filled with Wine Tasting, Hors D'oeuvres, Desserts, Silent Auction, Door Prizes, & music. Those interested in attending please contact Presidents for tickets.

Trumbull Young Woman's

Co advisors: Laurie Nagy & Mabel Buttress
The girls provided games for the Scarecrow Festival on Oct. 12th. They will also decorate and stuff Halloween bags for the children of Domestic Violence.

West Haven Juniors

CO-Presidents: Mala Mistry & Pamela O'Neill
A Veterans Thanksgiving Dinner will be held on November 10th at 6 pm.

West Haven Juniorettes

Advisor: Lori Nacca



Gobble, Gobble