

# JUNIOR BULLETIN

## Connecticut Junior Women, Inc.



<http://www.cjw.org>

**“Grow with Connecticut Junior Women in  
Friendship, Leadership and Service.”**

**Vol. 74 No. 9 April 2009**

**DIRECTOR**  
**Teena Bruneau**  
[bruneauchris@hotmail.com](mailto:bruneauchris@hotmail.com)

**“Grow with Connecticut Junior Women in Friendship,  
Leadership and Service.”**

Ninety-two people. That's the number of women who came out to honor our club presidents on March 11<sup>th</sup>. Thank you to Patti Stankevicius for all her hard work on putting together a successful evening, I hope those who attended had a good time. I am very happy Caryl Hallberg, Executive Director of Covenant to Care for Children was able to join us and share a few words about the positive effect CJW is having on CCC. We had four Honorary Past Directors in attendance and I put them to work handing out the old CJW awards, thank you. Thank you to everyone for your prayers and support during my sister's illness. Please remember every member of CJW and their families in your prayers as we all have burdens that we must handle. The CJW Board would like to send its condolences to Honorary Past Director, Anna Henry on the loss of her brother and Bristol President, Carole Eschner on the loss of her husband, Tom.

April & May are promising to be very busy months. On April 4<sup>th</sup> everyone is invited to a luau to celebrate Juniette Awards Day in Portland, grass skirts are optional. April 24<sup>th</sup> & 25<sup>th</sup> is Spring Conference and the Kickoff of CJW's 30<sup>th</sup> Anniversary Celebration. Friday night will be a social night for CJW members and past CJW members. The cost is only \$15. On Saturday, April 25<sup>th</sup> we will conduct our regular conference meeting and hand out awards, the cost is \$32 for the day. Please make sure to get your responses to Patti Stankevicius, CJW Meeting Planner by April 10<sup>th</sup>. The CJW Spelling Bee will be held on Saturday, May 2<sup>nd</sup> at the Brownstone Intermediate School in Portland. Make sure to submit the names of local winners as soon as your bee is held.

**Where it all began** - In November, 1978, Maureen Borski assumed the position of Junior Director of CSFWC (CT State Federation of Women's Clubs); her theme was

“Let us take time for all things.” A Federation Interaction Committee submitted a list of by-law proposals to CSFWC that would put the Junior Membership on a more equal standing with the Women's Clubs. Spring Conference 1979 was hosted by Rocky Hill on April 21<sup>st</sup>. Maureen Borski discussed the results of the meeting between GFWC and the Executive Committee regarding our by-law proposals. It was decided to leave the CSFWC if our by-laws were not accepted at the State Convention. Most Junior clubs were concerned with raising the age limit beyond 40 years. The officers and chairmen were concerned that they did not have voting privileges at the State Convention and other State meetings. At the CSFWC Convention in May, 1979, most of our proposals were defeated. On June 9, 1979, the Junior membership met and handed in their resignations to Maureen Borski who, in turn mailed them to the Corresponding Secretary of the CSFWC. A By-law Committee was appointed to draw up the proposed by-laws for the Connecticut Junior Women, Inc.

**Assistant Director**  
**Ronnie Hollis**  
[ronniehollis@hotmail.com](mailto:ronniehollis@hotmail.com)

### **Juniors Make a Difference**

Well reports are done....So it's time to sit back and relax. Well don't relax too long time will go by fast. Let me Congratulate you on doing reports. Like I have said before it's not our favorite thing to do. But if it's done right after your club has done a project it is so much easier then doing then last minute.

I have already been thru a lot of the reports and O'boy it's going to be a hard job judging them. You have all done a great job on membership drives, retention and unity and CJW connection. So let me Thank you all so much for reporting to me. See you all soon.

PS. Remember to send me anything you would like included in Teena's press book. Please also include who, what and where if needed with any thing you send.

Also remember to send me any membership flyers or info you give out for your membership drives. And thank you to all the clubs that have sent me items....

*As always In Junior Spirit,  
Ronnie*

**Immediate Past Director**  
**Sheree Rinaldi**  
shereerinaldi@optonline.net

**Corresponding Secretary**  
**Lois Wack**  
roaddog624@att.net

Providing everyone a reminder on correspondence to CJW and to other clubs:

Invitations to a club sponsored event, such as an anniversary celebration or banquet that invite only a particular CJW Board Member (CJW Director, Assistant Director or for a specific Department Chairman) should be sent directly to the home of the person you wish to invite. This is particularly important if a quick RSVP is required.

Note: Please be sure to include accurate directions.

Correspondence that needs to be communicated to the entire CJW Board of Directors should be sent to the Corresponding Secretary, so she can report it at the monthly CJW Board Meeting.

Examples are: Thank you notes for awards or scholarships and invitations to District Days.

Correspondence that you want communicated to all Junior clubs should be sent to the Corresponding Secretary. She will get approval from the Director and then forward it to the other clubs, past directors and juniorette clubs, if applicable.

*In Junior Spirit,  
Lois Wack*

**Treasurer**  
**Ann Whitman**  
annwhitman@snet.net

### **ANNUAL BUDGET (sample Section 25 K-1)**

In planning the budget, it is not uncommon for clubs to have a contingency account. As a guide, the reserve

should not exceed 1/2 of the club's budget for an average year. The amount of reserve for your club should be included in the by-laws. A reserve is needed for the following reasons:

- For efficient management of funds (they earn interest until expended)
- To use as a reserve to carry on programs while the club is in recess or before the Ways & Means revenue has been earned.
- To have moneys available to finance unexpected but approved projects or programs.

The adopted budget authorizes the treasurer to pay for routine expenses covered in the budget. Any expenditure not provided for in the budget must have approval from the membership. Budgets cover a one-year period of time. The start of the club's fiscal year should be defined in the club by-laws.

A finance or budget committee usually has responsibility for developing the annual club budget. Members of the committee are elected or appointed as specified in your club by-laws. The treasurer is generally the committee chair. The committee should study the previous year's budget and treasurer's report to determine how well that budget met the club's needs. Determine the projected financial requirements by contacting the various club officers and committee chair to determine their budget needs. Contact the Ways & Means committee to determine if their anticipated revenue will meet the financial requirements.

After the budget has been drafted, it should be presented at a board meeting for consideration and then to the general membership for their vote of approval. The budget should be presented item by item to allow for discussion and possible changes to each section.

### **AMENDING THE BUDGET**

Since the budget is only an estimate of planned revenue and expenditures, it may become necessary to amend it from time to time. When non-budgeted expenditures arise, the budget may be amended per club by-laws by a vote of the club at any regular meeting or special meeting called for the purpose.

Please go online at [www.concord.sots.ct.gov](http://www.concord.sots.ct.gov) go to business inquiry this will give you a filing history of your Incorporation paperwork. If you have a Debit card tied to your checking account you can also file online. Saves paper & stamp.

*I hope to see everyone at Spring Conference.  
Ann*

**Recording Secretary**  
**Eve Sarra**  
[apple319@charter.net](mailto:apple319@charter.net)

**Parliamentarian/Leadership**  
**Evelyn Magera**  
evelynfromjuniors@hotmail.com

**Juniors are great leaders like shining stars guiding the way.**

Hello everyone,

I would like to thank the members of the CJW bylaw review committee, Teena Bruneau, Ann Whitman, Ronnie Hollis, Lois Wack and Diane Maxellon. You were all a huge help with the major undertaking of going through each bylaw and standing rules one at a time. Every club should have received a copy of the lengthy proposed revisions along with your Spring Conference call. Because of the extent of the various changes the method I used was to include the proposed changes within our current bylaws and standing rules. These revisions will be voted on at Spring Conference and it is very important that each club review the proposed changes so you can come prepared with any questions or concerns ahead of time. Also, you may send me any questions you have prior to conference via email or by phone. Please contact me if you did not get this document via email or if you would prefer a hard copy of the proposals sent by US mail.

I have been approached by many club presidents with concerns regarding elections of new officers and board members along with bylaw revisions and hope I have satisfactorily answered your questions. Feel free to make an appointment with me to visit your club or attend your bylaw meetings.

*As always - In Junior Friendship,  
Evelyn*

**Arts**  
**Holly Miotke**  
hmiotke@newington-schools.org

Thanks to all the clubs for their reports. Can't wait to see you at Spring Conference.

**Easter Craft Idea for Kids or Adults**  
**Thread Egg Craft**



These beautiful Easter eggs can be used as a decoration or surprise someone with an Easter gift. This is a perfect activity for scout troops, Sunday school, classroom projects, or make them at home as a family activity.

You'll need:  
Small oval balloons  
Liquid starch or fabric stiffener  
Scissors  
Embroidery floss or sewing thread

1. Inflate small oval balloons and tie the necks tightly.
2. Soak 12-to-24-inch lengths of embroidery floss or regular sewing thread (use one color or variety of colors) in liquid starch or fabric stiffener. Pick up the wet thread and remove excess liquid between your thumb and forefinger.
3. Wrap the wet threads around the balloon one at a time. The thread will stick to the balloon without any additional glue or fastener. Cover the balloon by crisscrossing the threads any way you choose.
4. To dry your new egg, tie an additional piece of dry thread around the neck of the thread-wrapped and hang it until it's dry and hard to the touch. Burst the balloon with a pin and pull the balloon out of the top of the Thread Egg. Place Thread Eggs in a basket or bowl.

**Conservation**  
**Lynn Sellers**  
msellers@snet.net

**Theme: GO GREEN – Use: Recycle: Repeat**

It was great to see everyone at the President's Dinner and to receive all the reports for the Conservation projects the clubs have done over the past year. I look forward to reading them and seeing all the fantastic ways that we have helped to make our planets more beautiful, saved trees, preserved our natural resources and helped each other within our clubs to be more GREEN conscious!!

Several ideas to keep the GREEN process moving forward in your life include:

1. Paper Products Purge: go around your house and take inventory of every kind of paper you use, including paper towels, toilet paper, tissues, paper napkins, notepaper, wrapping paper, paper lunch sacks, paper drinking cups, and more. Resolve to use up what you're got – recycle when appropriate – then look for non-paper and/or recycled alternatives. Make sure that everyone who does the shopping knows about the new house rules. (Page-A-Day Calendar)
2. Power Down: it's just not true that shutting off your work computer at night is too hard on the machine, yet the myth persists. Make sure you power down—and unplug the power strips, where applicable—every time you leave the office at night or for the weekend. And whenever you're leaving your desk for a while, turn off your monitor, which uses much more energy than your hard drive. ([www.consumerenergycenter.org/myths/computers\\_energyuse.html](http://www.consumerenergycenter.org/myths/computers_energyuse.html))

3. Tap Dance: and a reminder that is so simple but bears repeating—if you're not already in the habit of turning off the tap water while you brush your teeth or shave, start now and save up to five gallons of water every day! Make sure everyone in your household does the same; post a reminder above the sink until it is a "natural" habit!!

Did You Know?? – looking for a good, central source of information on energy conservation; go to [www.eere.energy.gov/consumer](http://www.eere.energy.gov/consumer)

Lynn Sellers

*p.s. Collecting ink cartridges at Spring Conference.*

**Current Affairs**

**Bunny Ouellette**  
[mouellette@timex.com](mailto:mouellette@timex.com)

Hi, welcome to **SPRING** !! I'm so glad that the flowers are finally peeking through the ground.

I want to thank all the clubs for their reports, and all the great personal items you gave me for the troops throughout the year. Please remember that I have one more coming up for this year. The collection for Spring Conference is just for the women. This will be personal hygiene, soap, deodorant, toothpaste, toothbrushes, hard candy, gum and whatever you think these ladies would need.

Thank you for the cell phones that were donated at Presidents Dinner, 65 were donated – awesome! Phones will again be collected at Spring Conference.

I'm not sure if this is the last article for the year, so if it is, a great big thanks from me for all your hard work throughout the year.

*In Junior Spirit,  
Bunny Ouellette*

**Education**

**Elizabeth Tischio**  
[johntischio@prudentialct.com](mailto:johntischio@prudentialct.com)

**Theme: "Ancora Imparo" – I'm still learning**

**See attached Spelling Bee flyer.**

**Health**

**Luann Clark**  
[lacl1498@yahoo.com](mailto:lacl1498@yahoo.com)

*April is National Sexual Assault month and National Child Abuse Prevention month. The National Sexual Violence Resource Center website is [www.nsvrc.org](http://www.nsvrc.org). And, Administration for Children and Families website is [www.nccanch.acf.hhs.gov/topics/prevention/index.cfm](http://www.nccanch.acf.hhs.gov/topics/prevention/index.cfm)*

*May is Mental Health month and National Physical fitness and sports month. The National Mental Health Association website is [www.nmha.org](http://www.nmha.org). And, Presidents Council of Physical Fitness and Sports website is [www.fitness.gov](http://www.fitness.gov). Check them out and pass along sites.*

*With the weather getting better every day, we all need to get up and move. Here are 8 reasons to walk:*

*Great for the heart  
Cuts breast cancer risks  
It helps you sleep  
Cuts down on aches & pains  
It makes you happy  
It keeps you slimmer  
It starves of senior moments  
It protects your bones*

**Savory Cabbage Salad**

*¼ cup vegetable oil  
2 tbs rice wine vinegar  
2 tbs soy sauce  
1 tbs sesame oil  
1 tsp chopped garlic  
8 cups shredded Savoy cabbage  
1 pkg (10 oz) cooked shelled edamame  
1 cup shredded carrots  
2 each radishes and scallions*

*In bowl, whisk together 1<sup>st</sup> 5 ingredients for 1 minute, in a separate large bowl, combine shredded cabbage, edamame and carrots. Slice radishes and scallions; add to cabbage mixture. Add dressing and toss gently to coat. Season with salt & pepper if desired. Transfer to serving dish.*

Luann

**Homelife**

**Nancy Carter**  
[nancy\\_carter@sbcglobal.net](mailto:nancy_carter@sbcglobal.net)

Thanks again to everyone for the cans of tuna you brought to the President's Dinner. Your donations are greatly appreciated. We will be collecting tuna/\$\$ again

at the Spring Conference. In the meantime, please remember your local food banks.

I'm looking forward to reading all of your reports and sharing what you've done with everyone else in future newsletters.

Nancy

**Junior Bulletin Editor**  
**Riva Clark**  
[rclark@bkm.com](mailto:rclark@bkm.com)

Hi, reminder the a CJW May Bulletin isn't published; instead you'll receive the Awards Bulletin, via email this year versus a paper edition printed and distributed at Spring Conference. Here's hoping my computer doesn't blow up emailing such a large document!! Lined up Kerry Tulle-Zahnke, Regal Monarchs district rep as backup sender if run I do run into problems. Giving you a heads up here so you know of the possibility and you don't delete thinking it is spam.

Thank you to the clubs who submitted club newsletter throughout the year. It's always enjoyable to read what other clubs are doing and accomplishing.

Using block format this time as the State Project article came to me this way and I really liked it, so switched the whole Bulletin over to it, hope you like it too!

Riva Clark

p.s. this years newsletter judges are:

Nancy Carter - Homelife

Evelyn Magera – Parliamentarian/Leadership

Lynn Sellers – Conservation

Also email a courtesy club newsletter copy to Teena Bruneau, Ronnie Hollis, and your District Rep.

**Juniorette Coordinator**  
**Debi Puzia**  
[dapuz55@comcast.net](mailto:dapuz55@comcast.net)      **CHANGED**

Hello,

April 4<sup>th</sup> for the Juniorette Spring Conference, it is sure to be a lot of fun. Break out your summer capris and bright colors .....be ready to limbo. The call already went out, contact if you need it again or have questions, but I'm certain you have already signed up, right?

Debi

**Meeting Planner**  
**Patti Stankevicius**  
[pstanks@netzero.net](mailto:pstanks@netzero.net)

Our next CJW get together is Spring Conference @ The Hawthorne Inn on the Berlin Turnpike on Friday & Saturday, April 24 & 25. The call is out, contact me if you have questions and get your reservation in by April 10. Friday night is purely social in celebration of 30 years of CJW. Please be sure to mention to your clubs that past members are also invited to Friday night celebrations. We would love to see them all and catch up on all the news.

Patti Stankevicius

**Public Relations / Website**  
**Heidi Nelson**  
[daffodil8494@yahoo.com](mailto:daffodil8494@yahoo.com)

Is your club still struggling to get a web site going? Looking for an easy, free way to get one up for your club?

I may have found a way for your club to accomplish that.

Grassroots.org provides free capacity-building services for nonprofit organizations.

All of their free services are conveniently packaged in the Grassroots.org Toolbox: a suite of free user-friendly tools designed to help nonprofits achieve, sustain, and expand a strong web presence. The Toolbox is free for all of their nonprofit members. Not a member? Sign up is easy and free. Do read through their membership requirements but I am certain that all clubs will easily meet them. You will be required to have a Grassroots.org banner on your website, so just be certain that your club agrees to that specific term. Please look at their website for more information before you sign up.

The mission of Grassroots.org is to serve as a catalyst for positive social change by leveraging modern technologies and best business practices. Grassroots.org provides nonprofit organizations with free valuable technologies and resources to increase their efficiency and productivity.

Grassroots.org provides the following free tools for nonprofit organizations:

**Domain Registration:** Our domain name registration program offers nonprofits one year of domain registration for free. Similar to a physical address, a domain name gives an organization a place to call their own.

**Free Web Hosting:** Our web hosting package provides nonprofits with reliable, high-quality hosting at a price any organization can afford: free. The hosting comes complete with 24/7 technical support via telephone, email, or live chat, and can support Content Management Systems (CMS) such as Drupal, Joomla, and Wordpress.

**Free Nonprofit Website Builder:** Our website builder empowers even novice users to create professional

websites that are eye-catching. The website builder comes complete with numerous backgrounds, stock images, and other customizable preferences--and like all our services, our website builder is free for nonprofits.

**Free Web Design for Nonprofits:** Our volunteer web design program pairs talented web-savvy volunteers with nonprofit organizations in need of assistance. Whether an organization is in need of a new site, or simply wants to revitalize their online presence, our designers are ready to help.

**Free Graphic Design for Nonprofits:** The volunteer graphic design program matches volunteer designers with organizations interested in developing graphic material for website and other purposes. Graphic designers work one-on-one with nonprofits to develop these materials.

**Free Non-profit Language Translation:** Our language translation program provides nonprofits with free access to an instant website translation service. With this service installed, one simple click allows a visitor to view a site in fifteen of the world's most popular languages.

**Nonprofit SEO Consultation:** By optimizing site content for search engines, nonprofits can reach new donors, volunteers, and clients with minimal investment of time and money. Our Search Engine Optimization (SEO) program helps nonprofits to optimize their website's content through online educational materials and individualized consultations.

**Project Consulting:** Our social venture consulting program pairs talented MBA students from participating schools with nonprofits in semester-long project-based consulting partnerships. The program helps entrepreneurial nonprofits increase their organizational capacity by providing direct access to free business consulting.

**Free Virtual Office for Nonprofits:** Our free phone service program provides nonprofits with a toll-free "virtual office" number, complete with extension and voicemail capabilities. The "virtual office" number can ring any phone (landline or cell), allowing organizations to connect with clients, volunteers, and donors--regardless of location.

*Heidi*

**Report Writing**  
**Kathy Znosko**  
[kznosko@bsamail.org](mailto:kznosko@bsamail.org) OR NEW email  
[Kathy.Znosko@scouting.org](mailto:Kathy.Znosko@scouting.org)

Thank you, all, for turning in your Project reports! An especial "Thank You!" to the clubs who reported for the first time! The CJW Department Chairs are finding them very interesting.

Now that you've submitted these reports, the tendency is to feel that the job is done, but it's not, it's ongoing. If you waited until the bitter end to write and pull together your club's reports, you are probably thinking, "I won't do that again!" Good! Learn from this past year's experiences and work even harder to write and collect reports from your club, as the projects are done. The reports at this stage don't need to be on the Report Writing Forms or formally written. They can just be notes about what was done and when and how much, but put something in writing and in a safe place, where it can be accessed when you need to write the final reports to turn in next year.

By the way, I am not urging just you to do these things. I'm urging myself, too. I am currently Report Writing chair for my club, and though I asked my fellow club members to keep notes through last year (I even gave them notebooks to write in), I didn't keep up with my requests and didn't follow through with them and found myself, once again, trying to pull reports together at the last minute. So, I have resolved to work on improving this situation this year and I hope you will be working in your clubs, along with me.

Also, make notes of your problems, questions, and complaints about the Report Writing process, this year and then invite me to visit either a district or club meeting to chat about these issues and work together on improving the process.

*Kathy*

**State Project**  
**Gretchen Saccone**      **Heather Pulito**  
[lik2travl@aol.com](mailto:lik2travl@aol.com)      [heatherstitch@aol.com](mailto:heatherstitch@aol.com)

### **In Leadership and Service, Grow with State Project**

The reports are awesome, as we knew they would!!!!!!!

We can't believe the number of Easter Baskets that were collected at the President's dinner--38 considering we got the info out to all of you late. Again, that just shows what Juniors are all about--pitching in and getting it done!!!! Also the collection of twin sheets was absolutely wonderful and overwhelming. Caryl needed the help of car space from the Simsbury club--thank you Simsbury!!!!

Hopefully you have been able to conduct a coin challenge at your General meetings. We have asked you to "pass the can or basket" at your next 2 meetings and bring the coins to Spring Conference. We conducted a coin challenge at the President's Dinner and collected \$80.00. We were so pleased and can't wait to see what the club's can collect before Spring Conference.

Please remember CCC can always use **CASH!!!!** The items that we have collected have been outstanding, but cash is good too!!! A donation of \$94.00 was given at the

President's dinner and Caryl was there to accept it and she remarked that this money could buy 3 brand new outfits for 3 kids for school—pretty exciting. There are kids who have outgrown their clothes and won't go to school. Some have missed several weeks. Hopefully the coinage collected at your meetings will be able to do the same, but on a grander basis!!!!!!

As we all know times are rough for everyone and especially for CCC. They have serviced 25,000 children in the past and expect to be servicing close to 35,000. They never say **no** to a child—they can't. As Caryl said the other night at the President's Dinner you do it one child at a time and we, as Juniors are a big part of that effort. Many times she comes in to her office to find out that Juniors have struck again.

There have been some issues in getting connected with a social worker. The procedure is to contact your area coordinator at Bloomfield, Waterbury or Stratford. They will do their best to match your club with a social worker who will fit your personality and resources. If there is a problem with anything such as communication, you need to get back to your coordinator with your concerns. They can only do something if you let them know there is a problem. So do not wait, do not get angry or frustrated just call your program coordinator and let her know what is going on. If you don't get the response you want call Caryl directly. Let them help.

We are approaching the end of our first year together with CCC and it has been a wonderful and exciting trip. We are still learning so many things. Please continue with your generosity.

As Caryl said "no one does it like CJW! Thank you."

*Gretchen & Heather*

**Ways and Means**  
**Sue Spencer**  
razoo@cox.net

Hi Girls:

I presented a royal blue fleece at the President's dinner. Every one seemed to love it. I am currently working on the price. It will be in the range of \$20 to \$30. I will have a sample at the Spring Conference, and will be taking orders (by then I will have a set price.) We need to order 72 in order to get the best price. So talk it up among your clubs.

Thanks,  
Sue

**ONE District**  
**Jennifer Quinn**  
jenquinn@comcast.net

ONE District consists of: Barkhamsted, Ellington, Enfield, Simsbury, South Windsor, Stafford, Tolland, Tolland Juniores, Vernon, Vernon Juniores, and Windsor.

### **District One News**

Our District night will be held at the South Windsor Community Center at 5:30-9:00 on Friday April 3, 2009. This will be a Charity event in which the money will be donated to a local shelter of the District One's choosing. It will be a great night playing Bunco and getting to know our fellow Juniors. Also a District meeting will take place on Thursday March 26, 2009 at my house which we will finish up with finalizing the District One night as well as the new district name. For many of you who don't know I have been blessed with a sweet Baby girl name Caroline Grace, who was born on Jan. 31, 2009. But in first 3 weeks of life she had RSV (respiratory static virus) that is common in babies most do not show symptoms and some die, well Caroline was at CCMC from February 19-25, in which I stayed with her continuously. My husband was able to stay home with the older two which was great, however soon after Caroline was released from CCMC my husband, my two older children and myself all contacted the stomach virus that has been affecting many households this winter. Sooo after all that we are finally healthy and thank you all for the support and the well wishes of our newest family member as well as her good continued health.

### **South Windsor**

Has a lot to "March" into including the Time, Talent, and Treasure Auction taking place at the March meeting. In addition to the potluck supper and auction, Chastity Taylor from Covenant to Care will come to speak to our group about the Adopt-a-Social Worker program through organization. I'm sure that Chastity's talk will inspire us all and raise money for this CJW sponsored organization.

On April 10th, we'll be sponsoring the annual Kid's Fair in conjunction with the town egg hunt. And also their Junior's first Buzz Book which was distributed at the February meeting, which should help everyone get to know each other better by sharing info about careers, children, etc.

It's time.....our March 17th General Meeting will be our in-house Time Talent Treasure Silent Auction. The money raised will go directly to our State Project, Covenant to Care for Children. For our new members, this is a chance for you to put up for auction something you have, maybe a gift you received that you'll never use, or a service, like a kayak ride or cooking an amazing dinner or dessert. Any talent you may have can be auctioned off here! Or, just plan on bidding on some great items! They will also be keeping busy on St. Patrick's Day, Tuesday March 17 they will host and afternoon of bingo with the residents at the Village. Also on-going collections are collecting toiletries at the meetings for the South Windsor Food and Fuel. Thank you so much keeping the pantry stocked for those who depend on this service, **Coke Rewards** on going collection by Brenda for accumulation for prizes to be used at future Junior events. Coke product caps with codes and/or "fridge pack" cardboard openings with

codes (on inside) are being collected to get Juniors some free prizes. **Card Swap** The theme for card swap for March is Sympathy. Please make 10 cards. **Flag Collection** Teri will be collecting old flags for proper disposal on Flag Day in June. Members can bring them each month to the meeting. An FYI **CT Race in the Park Attention all runners (and to-be runners and walkers)**: The CT Race in the Park will be May 9th (Mother's Day weekend). It's 5K and supports breast cancer (formerly the Race for the Cure).

### Vernon

Has a busy month Vernon Woman's and the Junioresettes for helping out with the Vernon Police Department annual awards night. Also they have accomplished a lot in a month for Safety Town! We have set dates (weeks of July 6 and July 13), have a location (Lake Street School), and flyers have been distributed to the schools and day care centers. We also have secured funding for salaries for this year. Don't forget to bring in your gold Yoplait lids for the Feeding America donation program from General Mills. I'll mail them in every month or so. Help fight hunger. We met on February 22. We did our reports and they are complete. The girls helped out with the Police Awards, we are donating an Easter basket, getting ready for the Taste of Language program, and our Mother/Daughter awards day is coming up in April. We will be busy the next couple of months.

### Windsor

Spring is a "time of growth and renewal" and that is what the WJWC prides itself on. February was filled with Margaritas and Scrap booking and March has begun with the kick-off to Shad Derby with the Gala and we continue a busy month with District Night, Annual Bunny Breakfast, Supper Club at P.F. Changes and the Community Dress Drive. WJWC Supper Club in Honor of one of our club members Where: PF Changs @ Westfarms Mall, West Hartford When: Sunday, March 29, 2009 6:00 pm Let's take this opportunity to spend time with our fellow Junior and friend, before the family moves back to Texas. Reminisce about good times, good friends and wish her well! This year's Scrap booking for Charity event, held on February 21st, was another success! Nearly thirty dedicated 'scrap bookers' gathered to preserve their memories, express their stories, as well as socialize and compare creative ideas with others who share their scrap booking passion. **Breakfast with the Easter Bunny** is Saturday, March 28th in L.P.Wilson from 9am to 12pm. Please help us promote this event by hanging flyers around town.

### Stafford

The Stafford Junior Women's Club was very happy to be able to bring back our Mother/Son breakfast this Valentine's Day. It was taken off the calendar last year because we did not have enough help to plan or cover the event. This is a community wide breakfast for Mother and Son but we welcome families, too. We provide a great morning with pancakes and syrup or fruit toppings, sausages, juices & coffee, a special decorated place to

have a digital picture taken (\$3 each included photo jacket) and raffle baskets. As a special treat, each Mom gets a little goodie bag of candy and a carnation. It's a nice complement to the Father/Daughter Dance that the Lions Club sponsors the day before and we help out with all of the refreshments. In March, we will turn our focus into making CUREchiefs and messages of hope. We will dedicate our regular meeting in March to making as many of these as we can. Our 12 members are donating all the fleece and message supplies and we plan on going to town! We feel that cancer is something that touches all of us in one form or another and making these CUREchiefs is our way of helping spread the word about the affects of cancer and the research that is being done. Lastly, as Co-Presidents, Gerrie and I would like to say a big THANK YOU to all of our club members for the time and effort they put into our small club. We had a busy fall and winter with sometime multiple activities each month. We couldn't do it with out working together as a team. It is because of this combined hard work from each of our members that we can accomplish many great things!!

**Regal Monarchs District**  
**Kerry Tully-Zahnke**  
regal.monarch.dr@sbcglobal.net

The Regal Monarch District consists of: Cromwell, Farmington, Hebron, Hebron Junioresettes, Glastonbury, Marlborough, West Hartford, and Wethersfield.

Hi, looking forward to seeing my clubs at Spring Conference.

*Kerry*

**The Mountain Laurel District**  
**DISBANDING**

The Mountain Laurel District consists of: Berlin, Bristol, Cheshire, Southington, Watertown, Wolcott and Wolcott Junioresettes. Each club has been asked to decide which other district to join and that will be announced at Spring Conference.

**Wildbury District**  
**Rene Fisher**  
rfisher0218@yahoo.com

Wildbury District consists of: Beacon Falls, Bethlehem, Cheshire, Litchfield Hills, Middlebury, Oxford, Southbury, Southbury Junioresettes, Woodbury and Woodbury Junioresettes.

**S.H.O.R.E. District**  
**Phyllis Prokop**  
[phylprokop@sbcglobal.net](mailto:phylprokop@sbcglobal.net) **CHANGE**

SHORE District consists of: Durham, East Hampton, Haddam, Lyme/Old Lyme, Middlefield, Portland, Shoreline, Wallingford, and Wallingford Juniorettes.

#### **News from SHORE**

It was so nice to see many of you at the Presidents dinner. Now that all your reports are done, you can breathe a sigh of relief. For those of you who I have not yet reached, my email has changed to [Phylprokop@sbcglobal.net](mailto:Phylprokop@sbcglobal.net). I am no longer working at the City of Middletown, so please do not use that email - Please update your information.

We have a busy couple of months ahead of us, starting off with the Juniorette Conference being held at the Portland Senior Center on April 4th, if you are interested in starting a Juniorette division to your club, this would be a great opportunity to attend.

Also our district is hosting the Statewide Spelling Bee on May 2nd at the Portland Brownstone Intermediate School. We are in need of many volunteers. If you are available, please share a few hours and help out. If you can't attend, perhaps you can help us by providing baked goods for our guests and their families.

Don't forget to register for the spring conference. Enjoy the warm weather and I will see you soon.

*Phyllis Prokop*

**The Dogwood District**  
**Laura Mann**  
[lotakids6@aol.com](mailto:lotakids6@aol.com)

#### **Club News:**

##### **Fairfield Junior Women's**

CO-Presidents Lori Addison & Jennifer Hinkle

##### **Milford Junior Woman's**

CO-Presidents: Rose Rodrigues & Tina OKO

##### **Monroe Women's Club**

CO- President: Ann Santos & Sheila Craw

##### **Newton Junior Women's**

President: Christine Grabowski

##### **Orange Community Women**

President: Donna Wesolowski

##### **Stamford Junior Woman's**

President: Mary Garvey

##### **Stratford Junior Woman's**

CO-Presidents: Susan Kostopoulos & Kimberly Bielecki

##### **Trumbull Community Women**

CO-President: Donna Monks & Laurie Rongey

##### **Trumbull Young Woman's**

CO-Advisors: Laurie Nagy & Mabel Buttress

##### **West Haven Juniors**

CO-Presidents: Mala Mistry & Pamela O'Neill

##### **West Haven Juniorettes**

Advisor: Lori Nacca



**Happy Spring & Happy Easter**