



<http://www.cjw.org>

# JUNIOR BULLETIN

## Connecticut Junior Women, Inc.

**“Grow with Connecticut Junior Women in Friendship, Leadership and Service.”**

**Vol. 72 No. 7 February 2009**

Director's Challenge: For each club to do at least one project for Breast Cancer Awareness or Research.

*The only rose without thorns is friendship.*

Madeleine De Scudery

**DIRECTOR**

**Teena Bruneau**

[bruneauchris@hotmail.com](mailto:bruneauchris@hotmail.com)

**“Grow with Connecticut Junior Women in Friendship, Leadership and Service.”**

CJW requires a President's report from every Junior and Juniorette club (whether or not you submit other reports). This to protect your club and you as an individual regarding tax exempt status with the I.R.S., Department of Consumer Protection, and our liability insurance. I know this is a very detailed report, but the information is vital. We are required to file information annually, and it takes a while to compile a report that includes all our clubs. This information is also used in the Annual Report given by the CJW Director at Spring Conference.

Presidents - you'll need to work closely with your club Treasurer to get all the information that's needed. A revised copy of the President's Report is being forwarded with this issue of the Junior Bulletin along with revised Participation Records for both Juniors & Juniorettes. These forms are due no later than March 11<sup>th</sup>. Please look over the requirements and forms now so that you'll be able to complete these on time! If you have questions on report writing during this last minute mad scramble to get reports done, please contact CJW Report Writing Chair, Kathy Znosko.

Thank you to Regal Monarch and District One for inviting me to their district meetings, also to Shoreline & Trumbull for their invitations in February.

Our next state event will be the March Board/President's Dinner on March 11<sup>th</sup>. The call for this meeting was emailed to all the clubs around January 12<sup>th</sup>. Remember Spring Conference will be held April 24<sup>th</sup> and 25<sup>th</sup> at the Hawthorne Inn. Watch for this call to be sent out around the end of February.

Please remember to email or snail me a copy of your club's newsletter and let me know when you have a special event coming up.

**Assistant Director**

**Ronnie Hollis**

[ronniehollis@hotmail.com](mailto:ronniehollis@hotmail.com)

**Juniors Make a Difference**

Well I have joined the ranks of the empty nesters my Katie lives in Kansas now, since the Sunday after Christmas. "Yes I said Kansas." You may say what's in Kansas, her boyfriend....

I know you have been busy working on reports and remember if you have questions please give me a call.

I would like to talk a little about the passing on information and how important it is. I have many club members tell me in the last few months that information that the CJW officers and Chairs work very hard too get out to clubs does not always get filter down to all club members. Please remember that your club members need the information that is put into the CJW Bulletin and what is in the file boxes. We all on the CJW Executive Board work hard to get information out too help the clubs, chairs, and members with ideas, suggestions, and resources. So Please remember to pass on the information.

**Wanted: I am looking for what your club is doing in the way you publicize your club. And, also if your club has a club membership flyers or brochures. Please send me a copy.**

*Ronnie*

*As always In Junior Spirit*

**Immediate Past Director**

**Sheree Rinaldi**

[shereerinaldi@optonline.net](mailto:shereerinaldi@optonline.net)

**Corresponding Secretary**

**Lois Wack**  
roaddog624@att.net

**Treasurer**

**Ann Whitman**  
annwhitman@snet.net

Happy Valentine's Day!

If you wish to include donations to CJW scholarships or State Project on this year's President's report checks must be dated before February 28, 2009.

Contact me for where to send checks and **make them payable to CJW.**

**Ann Whitman**  
**CJW Treasurer**

**Recording Secretary**

**Eve Sarra**  
apple319@charter.net

**Parliamentarian/Leadership**

**Evelyn Magera**  
evelynfromjuniors@hotmail.com

**Juniors are great leaders like shining stars guiding the way.**

If you haven't sent me a copy of your latest bylaws, please do so at the President's dinner. If your club has not reviewed the bylaws over the last 5 years, now is the time to get busy and set up a committee to go over them and bring yourselves up to date. Bylaws review is a wonderful project and a great way to introduce new members (or potential new board members) to the inner workings of the club.

I have traveled to many clubs and have heard how some clubs run into issues with members or how a particular department may or may not be managed appropriately. My first question is "what does your bylaws state?" Bylaws are for your protection and are important guidelines for any volunteer organization. Your club may have run without a problem for years, but the day you need them, you will be very glad you kept them updated. Please don't hesitate to contact me if you have any questions about bylaws in general, or anything that you're not

sure about. I'll be happy to help you or I'll find someone who can.

*Happy Valentine's Day,*  
*Evelyn*

**Arts**

**Holly Miotke**  
hmiotke@newington-schools.org

Can't wait to see your Arts reports - as you write, please keep in mind the goals of each division.

**Performing Arts Division**

**Goal:** To further the performing art within our community and state through program sponsorship, educational, volunteer and financial support.

**Creative Arts Division**

**Goal:** To further creative arts and artisans within our community and state through program sponsorship, educational, volunteer and financial support.

**Visual Arts Division**

**Goal:** To promote visual arts within our community and state through program sponsorship, educational, volunteer and financial support.

**In-Club Division**

**Goal:** To promote the performing, visual, and creative arts within our membership.

*Holly*

**Conservation**

**Lynn Sellers**  
msellers@snet.net

**Theme: GO GREEN – Use: Recycle: Repeat**

Hopefully most clubs are busy working on their reports to share with CJW, and the rest of the clubs, when we celebrate all of you at Spring Conference. I am anxiously looking forward to reading Conservation reports and to see all the ingenious and creative projects you all have come up with to beautify and "Green" up your communities! Projects I will be looking for will fall in to one of the four categories included in the Conservation Department.

BEAUTIFICATION Division--initiate, maintain, or otherwise participate in local, regional or statewide projects which enhance a community's appearance and preserve the cultural heritage. This includes working with local parks department or conservation commission. Examples of projects include litter pickup, weeding, planting of trees or flowers; cleanups; painting; Adopt-a-Road; gardens; Arbor Day activities; donations for town purchases of benches, signs, plantings, etc.;

help other civic groups with various fix up projects in the community.

ENVIRONMENTAL AWARENESS Division--to promote public education of environmental issues, increase the awareness of the importance of recycling, energy conservation, and hazardous waste management. The whole GREEN movement can start here. Project ideas include creating a "green" home; donating books and magazines instead of throwing them away; promote reusable shopping bags for all your shopping trips (not just the grocery store); recycling all types of articles for another use; encourage members and community to participate in Hazardous Waste days in town, recycle Christmas trees; dispose of trash properly and visit trash to energy plants; promote Earth Day activities in the schools or town.

RESOURCE PRESERVATION Division--to increase awareness of our responsibility to protect the earth's natural resources of land, water, air, minerals and wildlife for future generations. Project ideas include anything that protects wildlife and pets (zoos, Mystic Seaport, nature centers); birds, making birdhouses, etc; making food sources for wildlife; making donations to any group that is trying to preserve our resources such as the Rainforest, Audubon Society, Wildlife Federation, Arbor Day, Sierra Club, Land Trusts, etc.

IN CLUB Division--to have fun helping club members become environmentally aware citizens who will do their part and help their families become part of the "go green" movement. What we do today will save the planet for tomorrow. Project ideas include changing our habits; using recycled products and recycling items we use; have an environmental contest; have speakers on environmental topics; carpool; lug-a-mug; arrange day trips to nature centers or Herb/flower farms, orchards to pick your own fruits or vegetables; have a "recycled treasures" auction or exchange.

Whatever you have done since last March, I hope you have had fun and at the same time educated your members and members of the community on how to think "environmentally friendly" in order to preserve our world for future generations.

Lynn Sellers

**Current Affairs**  
**Bunny Ouellette**  
[mouellette@timex.com](mailto:mouellette@timex.com)

Hi, I hope everyone is surviving this **COLD WEATHER**. I can't wait until it finally warms up, with our luck it will be around June. As you know the President's Dinner will be here soon. I can't wait to read all your reports. Who will win the **VETERAN'S KEY??** I will be collecting old cell phones and thing for the troops: socks, gum, playing cards, personal hygiene products for the ladies. They will again be divided with Orange and Shoreline Community women. I think it is great how these 2 clubs send things to the troops on a monthly basis.

In Junior Spirit,  
Bunny Ouellette

**Education**  
**Elizabeth Tischio**  
[johntischio@prudentialct.com](mailto:johntischio@prudentialct.com)

### Theme: "Ancora Imparo" – I'm still learning

February, BLACK HISTORY MONTH may be short; but it consists of many important dates. February 2<sup>nd</sup> is GROUNDHOG DAY, and if "Punxsutawney Phil" sees his shadow, we'll have another six weeks of winter. February 4<sup>th</sup> is the birth anniversary of Rosa Parks, whose refusal to give up her bus seat to a white man sparked the modern civil rights movement. The first Saturday of February is always designated "Connecticut Loves To Read Day", an event sponsored by the Connecticut Reading Association. February 7<sup>th</sup> is also the birth anniversary of Charles Dickens and Laura Ingalls Wilder.

February 12<sup>th</sup> is the 200<sup>th</sup> birthday anniversary of Abraham Lincoln, our 16<sup>th</sup> president. Barack Obama, newly inaugurated as our 44<sup>th</sup> president, shares much in common with him. Michael Burlingame, the Sadowski Professor of History Emeritus at Connecticut College, pointed out these striking similarities in a Hartford Courant article:

Obama is the first black president of the United States. Abraham Lincoln was, according to Frederic Douglass, "emphatically the black man's president, "the first chief executive "to show any respect for their rights as men."

Both are the only Illinois politicians elected president. Each served only a brief time in Congress before winning the presidency.

Like Lincoln, Obama is an ambitious, disciplined, prudent, and gifted political strategist.

The eminent literary critic Edmund Wilson claimed that Lincoln was the only president who could have made his living as a writer. If Wilson had lived to see Obama elected president and had read Obama's Dreams From My Father, he might have amended his pronouncement.

Both men lost parents in early life. Lincoln's mother died when he was 9. Obama's father deserted the family when the boy was 2. Both men were estranged from their fathers.

Both were uprooted as youngsters. The Lincoln family moved from Kentucky to Indiana when Abe was 7; Obama's family moved from Hawaii to Indonesia when Barack was 6.

Like Lincoln, Obama enters the White House with two young children. Lincoln's sons, Willie and Tad, were 7 and 10. Obama's daughters, Sasha and Malia, are 7 and 10.

Both men assumed office in the midst of a great national crisis. Lincoln had to deal with secession. President Obama faces a similar challenge in dealing with today's economic crisis. He may well profit from Lincoln's example, for he has said that he enjoys reading about him. (For example, he read Team of

Rivals, a book about Lincoln's cabinet written by Dolores Kearns Goodwin.)

February 14<sup>th</sup> is Valentine's Day. I'm still seeking a club to host the CJW Spelling Bee this spring. If you are a club president and your club is hosting a local spelling bee, please let your district rep know. If you a district rep, please be a sweetheart and pass along any spelling bee information that you have to me. Time is running out, and I'd like to announce the date for the annual spelling bee ASAP.

February 16<sup>th</sup> is President's Day, which observes the birthdays of George Washington (Feb 22) and Abraham Lincoln. February 17 marks the 100<sup>th</sup> death anniversary of Geronimo, the famous Apache leader who said, "I cannot think that we are useless or God would not have created us. And the sun, the darkness, the winds are all listening to what we have to say." February 20<sup>th</sup> is the death anniversary of Frederic Douglass, the famous orator and antislavery leader. February 24<sup>th</sup> is Mardi Gras, and February 25<sup>th</sup> is Ash Wednesday.

Let's hope it's a short winter!  
Elizabeth

Reminder: March Board/Presidents Dinner is the deadline for Maureen Borski Scholarship applications.

**Health**  
**Luann Clark**  
lacl1498@yahoo.com

Hi,

February 6 is National Wear Red Day sponsored by the American Heart Association. Heart disease is the #1 killer of women. Visit [GoRedForWomen.org](http://GoRedForWomen.org) and choose to live a heart-healthy life.

CJW is pleased to administrate the Paulie Magera Fund to help out in the local club communities. It now time to get the word out to your town members who deal with special need children and adults – schools, social service directors, parents of special needs children, etc. And when your club makes its annual donations, please consider sending CJW a donation to the Paulie Magera Fund.

The Paulie Magera Award was established in 2003 in memory of CJW Director Evelyn Magera's son who passed away that year. The purpose of the fund is to provide financial assistance to adults/children who are intellectually disabled. The funds are awarded based on need and impact on quality of life. A portion of the fund balance will be awarded annually.

**Application Rules:**

Applicant must be a child who is intellectually disabled or a non-profit organization that helps children and/or adults who are intellectually disabled.

Previous Paulie Magera Award recipients may apply.

Each CJW club may only sponsor (1) applicant each year.

Requests must be specific in nature and cannot exceed \$500.

Applications, including all necessary attachments must be submitted to the CJW Health Chair by April 1<sup>st</sup>. The funds must be distributed within 12 months of the award date. Award winners will be announced at Spring Conference.

**Awards Application:**

Name of applicant/Organization Name  
Address  
Telephone Number  
Email or Website address  
Contact Person

Description of Organization (if applicable)  
Please attach 501©3 documentation  
Amount of Request  
Purpose of Funding (attach any information that will help evaluate your request – literature, picture, budget, etc.)  
Is additional funding necessary? If so please explain amount and source of funding.  
How will this request benefit the applicant?

Look forward to seeing you at March Board/Presidents Dinner and reading all your Health reports!

Luann

**Homelife**  
**Nancy Carter**  
nancy\_carter@sbcglobal.net

Yes, it's that time of year again - reports! Don't worry about impressing me. Write your reports as a guide for the next person to work on the project. You'll find it much less stressful and you're successor will be eternally grateful. If you have any questions, please contact me. I'm looking forward to seeing what everyone has done this year.

Nancy Carter

**Junior Bulletin Editor**  
**Riva Clark**  
rclark@bkm.com

Hi,

Gotta love all this snow and cold we've been having. Have you had your spill on the ice yet? I had mine and clocked myself with yet another jug of ice melt I'd just purchased.

February bulletin article is when its reported which clubs newsletters have been received by the judges.

Lynn: Lyme-Old Lyme - Sept/Oct; Dec

**Evelyn: ditto**

Evelyn: Monroe - Summer, Sept/Oct

Lynn: Orange Comm Women (Aug) Sept; Oct; Nov; Dec  
Evelyn: ditto

Lynn: South Windsor - Sept; Oct; Nov; Dec; Jan  
Evelyn: only Sept, Nov & Jan

Lynn: Shoreline - Sept; Oct; Nov; Dec; Jan  
Evelyn: ditto

Lynn: Wallingford - Sept; Oct  
Evelyn: none

Lynn: West Haven - Sept; Oct; Nov  
Evelyn: ditto

Evelyn: Vernon - June, Sept, Oct, Nov, Dec, Jan

Lynn would like clubs to send newsletters ASAP it would be helpful as she is going to be a way a week in February and does not want to have to read 20 or 30 newsletters all at once at the end, whereas Nancy Carter will read all the newsletters at the end and report then. The deadline for submitting newsletters is March Board/Presidents Dinner where you may leave paper copies in the boxes. Any questions, feel free to contact me.

Riva Clark

p.s. this years newsletter judges are:  
Nancy Carter - Homelife  
Evelyn Magera – Parliamentarian/Leadership  
Lynn Sellers – Conservation  
Also email a courtesy club newsletter copy to Teena Bruneau, Ronnie Hollis, and your District Rep.

The March Board meeting is also the deadline for Marie Bates Scholarship applications and Juniorette Campership applications.

Debi

**Meeting Planner**  
**Patti Stankevicius**  
pstanks@netzero.net

Hi Ladies:

Please be sure to respond to the President's Dinner ASAP; looking forward to seeing you Wed March 11th at the Stillwood Inn.

I also had a meeting @ the end of January for Spring Conference with my committee members, Ronnie, Evelyn, Luann, Heather and Bunny which turned out to be very productive. (It is going to be at the Hawthorne Inn on the Berlin Turnpike April 24th & 25th.

I am looking for a hosting club for September Board & Fall Conference.

Happy Valentine's Day, Enjoy Life and Be Happy

Patti

**Public Relations / Website**  
**Heidi Nelson**  
daffodil8494@yahoo.com

**Report Writing**  
**Kathy Znosko**  
kzosko@bsamail.org

**Juniorette Coordinator**  
**Debi Puzia**  
dapuz55@yahoo.com

Hello Everyone:

The holidays are over; the snow is starting to thaw and its time to think SPRING. The Juniorette Conference is first in my mind. I have everything planned but the date. With the conflict of school vacations, religious holidays and bad weather finding a date is really hard. Please plan on attending the great event. I promise it will not only be rewarding but will be lots of fun. I am planning a LUAU theme so have your girls wear capris and flip-flops..... is that Jimmy Buffet music in the background? On a more serious note I still am looking for invites to your group meeting or activity. If anyone has any questions please contact me.

Reminder: It is mandatory for every Juniorette club to submit a President's Report by the March Board meeting. A revised President's report form and Participation Record are attached to this newsletter.

Time is running out! You have just a little over a month in which to complete and collate your Project Reports! How many of you are as last minute as I am, with report packages nowhere near being ready to turn in?

Here are some, almost, last minute reminders.

1. All clubs must submit a President's Report.
2. Remember to refer to the Report Writing Guidelines in the Blue Book for the physical Presentation of the reports.

3. Project Reports must be no longer than one page. Anything over one page will not be judged.
4. Remember that it is the intent of the project that determines in which department the project should be reported.
5. All projects must have been completed between March 1, 2008 and February 28, 2009.
6. Use your full, proper club name on all pages.
7. Give as much information as possible, especially about any local organizations that the CJW Chairs might not know.
8. Any club that received a plaque or stuffed animal award at Spring Conference 2008 must turn it in at the March Board meeting. Please make sure these awards are returned in the proper boxes.

In this next month, as you are working on your reports, don't forget that you can call or email me with your questions.

Kathy

<p><b>State Project</b>  <b>Gretchen Saccone</b>          lik2travl@aol.com</p>	<p><b>Heather Pulito</b>          heatherstitch@aol.com</p>
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**In Leadership and Service, Grow with State Project**

It's Reporting Writing Time. The most wonderful time of the year – when they're done!!!! We are looking forward to reading your reports and seeing what you all have done. This has been an exciting time starting with a new State Project. The club's energy level has been unbelievable – thank you.

Here we have listed the division. A detailed description of each division is in the Blue Book.

The State Project has 4 divisions:

1. Community Awareness Goals & Project Ideas
2. Fundraising Goals & non-monetary donations
3. Volunteering Goals & Project Ideas
4. In-Club Goals & Project Ideas

We have also included some of the projects that the clubs have done this year and placed a Division # besides the project to assist you in your Report Writing.

- Furniture Collection 3
- Backpack Collection 3
- Emergency Placement Packs 3
- Children Coats 3
- Christmas Stockings 3
- Dancing with the Stars 3

- Winetasting in Southport 2
- Sound Tiger Hockey 3
- Toy Drive 3
- Hosting CCC speakers 4
- Adopt a Social Worker 3
- Birthday Party 3
- Selling pins 2
- PJ Collection 3
- Wearing pins 1

New summary sheets will come out for the next year.

**If you have any Time For Life project to report on just remember they go under Health.**

Upcoming Ideas: will be putting together Easter Baskets. More details to follow. Always remember they can use Emergency Placement Packs. While things are slow now put together a few packs. Also the club might want to put together a "Birthday Box". This box would have everything needed for a complete party – cake mix, frosting, candles, cups, plates, coupon for ice cream, etc. Put together the box and keep it on hand for when it might be needed. As always we are willing to come to your meetings.

Gretchen & Heather

**Ways and Means**  
**Sue Spencer**  
 razoo@cox.net

**ONE District**  
**Jennifer Quinn**  
 jenquinn@comcast.net

ONE District consists of: Barkhamsted, Ellington, Enfield, Simsbury, South Windsor, Stafford, Tolland, Tolland Juniores, Vernon, Vernon Juniores, and Windsor.

District one News - We are planning a meeting for either January 28 or 29 for District One, hopefully we will finalize District day and name change, more information to follow later on those.

**SWJWC-** Happy New Year to everyone

This month has brought us a New President inducted, as well as SWJWC will have their 20th Anniversary as part of the Connecticut Junior Woman's. They are currently planning a Bowl-a-Thon for March; also in March they will have a Time Talent Treasure auction at their March meeting. Where you can donate a service (babysitting, cook a meal, Kayak trip etc...) or an actual item (or 2 or 3). So, save those holiday gifts that you will never use, or make something, or offer your services. They will also be holding an in-club tag sale, they are looking to raise about \$100.00 to purchase an acre of rain

forest, as well as recycle what they don't need any longer. We will be continuing to collect for the S.W. food and fuel bank.

**VJWC** - Have two important projects in which they will be focusing on: the 6th grade spelling bee and safety town. They will also partner with the Tolland J.W.C. in adopt a social worker.

**Windsor** - Looking forward to the planning of a 40th Anniversary dinner, 40 years of community service is a wonderful thing. We also will be focusing on two important projects which are "Scrap booking for Charity" and the Bunny Breakfast. Scrap booking for Charity will be held on February 21, 2009 at the LP Wilson Center from 9 am to 4 pm. Registration fee includes generous workspace food and beverages, door prizes, goodie bag, technique classes and more!!! Prices are \$40.00 for full day (includes Lunch) or \$15.00 for half day (9am-1200pm or 1pm-4pm). Early bird special for full day of 35.00 if pre-registrar by Jan 31, 2009. Bunny Breakfast is to be held on March 28, 2009, more information to follow, as time gets closer.

Jennifer

**Regal Monarchs District**  
**Kerry Tully-Zahnke**  
regal.monarch.dr@sbcglobal.net

The Regal Monarch District consists of: Cromwell, Farmington, Hebron, Hebron Juniores, Glastonbury, Marlborough, West Hartford, and Wethersfield.

Hi, held a successful District dinner meeting on Jan 26<sup>th</sup> with Bill Heinken, the outreach coordinator for mentoring program of Covenant to Care as guest speaker. Learned in more depth how the mentor aspect of CoC is done and in general the other pieces of CoC work. Presidents will discuss with their individual clubs about have a district collection supporting CoC.

Kathy Znosko and Teena Bruneau reviewed the 2009 President Report with attendees.

Kerry

**The Mountain Laurel District**  
**DISBANDING**

The Mountain Laurel District consists of: Berlin, Bristol, Cheshire, Southington, Watertown, Wolcott and Wolcott Juniores. Each club has been asked to decide which other district to join and that will be announced soon.

**Wildbury District**  
**Rene Fisher**  
rfisher0218@yahoo.com

Wildbury District consists of: Beacon Falls, Bethlehem, Cheshire, Litchfield Hills, Middlebury, Oxford, Southbury, Southbury Juniores, Woodbury and Woodbury Juniores.

**S.H.O.R.E. District**  
**Phyllis Prokop**  
phyllis.prokop@cityofmiddletown.com

SHORE District consists of: Durham, East Hampton, Haddam, Lyme/Old Lyme, Middlefield, Portland, Shoreline, Wallingford, and Wallingford Juniores.

**The Dogwood District**  
**Laura Mann**  
lotakids6@aol.com

**Fairfield Junior Women's**  
Co-Presidents Lori Addison & Jennifer Hinkle

**Milford Junior Woman's**  
Co-Presidents: Rose Rodrigues & Tina OKO

**Monroe Junior Women's**  
Co-Presidents: Ann Santos & Sheila Crow

**Newton Junior Women's**  
President: Christine Grabowski

**Orange Community Women**  
President: Dona Wesolowski

**Stamford Junior Woman's**  
President: Mary Garvey

**Stratford Junior Woman's**  
Co-Presidents: Susan Kostopoulos & Kimberly Bielecki

**Trumbull Community Women**  
Co-President: Donna Monks & Laurie Rongey

**Trumbull Young Woman's**  
Co-Advisors: Laurie Nagy & Mabel Buttress

**West Haven Juniors**  
Co-Presidents: Mala Mistry & Pamela O'Neill

**West Haven Juniores**  
Advisor: Lori Nacca



May the best Valentine you receive be the one you give  
yourself!