



<http://www.cjw.org>

JUNIOR BULLETIN

Connecticut Junior Women, Inc.

“Grow with Connecticut Junior Women in Friendship, Leadership and Service.”

Vol. 75 No. 3 November 2009



Autumn leaves are falling

Director:

Teena Bruneau bruneauchris@hotmail.com

Grow with Connecticut Junior Women in Friendship, Leadership and Service.

In order for clubs to receive this newsletter before the end of each month, the board has to write & submit their articles early, so here it is the 18th of October and it has snowed twice already in Bristol (the first time on 10/15 we had 2 inches of snow) and I'm watching the Patriots play in what looks like about 2-3 inches of snow! So I'll put the call out early - looks like it might be a cold winter - please remember those less fortunate by donating hoodies & twin size bedding for CCC, hats & mittens for shelters & schools and money to your local fuel banks.

November traditionally begins the holiday season each year, which translates into a busy time for Juniors. Remember in-between honoring the Veterans on Veterans Day and feeding the homeless on Thanksgiving, to take some time to count your blessings. Among my blessings I count my family & friends, especially all my Junior friends. I am thankful everyday that I joined this great organization; from the small to the large clubs you are all contributing to the well being of the citizens of Connecticut. Whether your club has done 1 or 10 projects since September, you have improved the life of someone, and just think if your club hadn't done that 1 project someone would have been a little less fortunate.

Thank you to Enfield & Shoreline for hosting Fall Conference it was a big success. Please send me your feedback or comments at any time; make sure to put CJW in the subject line of your email.

CJW is trying hard to provide different means of communication for Junior & Juniorette clubs. Heidi Nelson has been working hard on revising the CJW website, so please make sure to visit it. We have also set up a Facebook Fan page that I am trying to keep up to date along with the CJW Yahoo group. If your club has an upcoming event that is open to all Juniors please forward me the information or a copy of the flyer; I will approve it and forward it to our Public Relations Chair, Heidi Nelson to put on the website, yahoo group & Facebook, Lois Wack, CJW Corresponding Secretary will also send the information out to all the clubs via email. Please remember that the CJW club contact list is for CJW use only and cannot be used by outside sources.

Happy Thanksgiving to all of you and your families from the Bruneau Family

Happy Anniversary to:

Hebron Women's Club

11/1969

40 years

Assistant Director:

Ronnie Hollis ronniehollis@hotmail.com

Juniors Make a Difference

I would like to tell you about two events and a meeting that I went too. The events were held by Wolcott Juniors. One was "Meatball Around the World". It was a crazy way to say you are invited to a Pot Luck Supper and yes the meatball was the main entrée, and there were a lot of different kinds. The other event Wolcott Juniors hosted was "Appreciation Reception" for supporters. They recognized individuals, groups, and town officials that have supported them during the year there were over 60 Honorees. They also had little refreshments and some social time. I was truly amazed of the great support Wolcott's community gives them.

The last event was a meeting that Teena and I went to Fairfield Juniors invited us to and we had the best time. Not only did we attend a meeting, we got put to work putting together membership information for their Halloween event. The great thing about their meeting was each table did something different for the event, they had a business meeting and a new member installation, and it was over by 9 o'clock. They did all the meeting with very little chit chat. So, you can do your meetings and get home at reasonable time.

As always In Junior Spirit.

Ronnie

Immediate Past Director:

Sheree Rinaldi shereerinaldi@optonline.net

Corresponding Secretary:

Lois Wack loisannwack@yahoo.com

Treasurer:

Ann Whitman annwhitman@snet.net

All Checks written should be either in your budget or have a check request voucher with receipts attached or a copy of the minutes where the motion to approve disbursement of check was approved.

CHECK REQUEST VOUCHER (sample Section 25 E)

A check request form, with receipts attached, should be prepared for each check to be written. The form should include:

Who check should be made payable to and mailing address when necessary

Amount to be paid

Brief description of expenses

Line item on budget to charge

Signature of check requester

Date

YOUR Club Name

CHECK REQUEST VOUCHER

Please complete this form and return it, along with copies of your receipts, to the club Treasurer.

MAKE CHECK PAYABLE TO: _____

AMOUNT OF CHECK: \$ _____

IF CHECK IS TO BE MAILED, PROVIDE COMPLETE MAILING ADDRESS:

BRIEF DESCRIPTION OF EXPENSES & DATE INCURRED: (Use the back of this form to itemize mileage, etc.)

EVENT AND/OR POSITION: _____

SIGNATURE: _____

For Accounting Use: Check # _____ **Date Issued** _____ **Acct #** _____

Happy Thanksgiving, Ann

Recording Secretary:

Eve Sarra apple319@charter.net

Parliamentarian/Leadership:

Evelyn Magera evelynfromjuniors@hotmail.com

Juniors are great leaders like shining stars guiding the way.

I hope you will find the handouts I distributed at the September Board meeting useful. I was very pleased with the attendance at my workshop that was held along with the CJW secretaries. I want to reiterate again what I said that evening which is, you are all leaders no matter what position you hold in your club. Just being a member makes you a leader, a person who has drive, compassion and a love for community service. Most of us take for granted how important we are to our families, friends and our local community. YOU do make a huge difference as a volunteer no matter what organization you belong.

I would like to thank the Trumbull Community Women for giving me the privilege of acting as moderator at a political debate they sponsored on October 19. It was such a great learning experience for me that I thoroughly enjoyed. This was the first time they took on a project like this, which they did with perfect professionalism and grace. Thanks again ladies for giving me the honor to be involved in such an important project for the Trumbull community.

I look forward to seeing everyone at Fall Conference and sharing ideas and experiences. The most important thing to remember about CJW is that the CJW Officers, Chairwomen, and District reps are there to guide you, to answer questions, to help you solve problems, to provide you with new ideas and projects and to help you grow as volunteers. Feel free to contact me if you need help with bylaw revisions or any leadership issue you would like to discuss.

In Junior Friendship always,
Evelyn

Arts:

Holly Miotke hmiotke@newington-schools.org

Conservation:

Lynn Sellers msellers@snet.net

Go Green – Use: Recycle: Repeat

We all have products around the house that can serve us in many other capacities. This is my "New uses for old things" (and I am not talking about myself...) column.

Double Duty Household Items:

Tea strainers -- original use -- as a brewing device for your cup of tea

AHA! use -- dusting baked goods with powdered sugar or the tops of cakes using a doily as the template

Lingerie bag -- original use -- protect delicates in the washer

AHA! use -- stowing odds and ends in the closet i.e.: sports bras; bathing suits. Put items in bag, thread a hanger through one of the holes or the hanger loop and hang on the rod.

Shower curtain hooks -- original use -- connecting the curtain to the rod

AHA! use -- place the hooks on the closet rod and hang your purse(s) from them.

Travel makeup case -- original use -- carrying cosmetics on trips

AHA! use -- toting small amounts of art supplies for kids when they will need a diversion for a brief time i.e.: at a restaurant, on a plane, and waiting rooms.

Post earrings -- original use -- decoration for your ears

AHA! use -- fixing broken glasses if you lose the tiny screw from the arm. Replace it with the earring for a temporary fix.

Remember to Reduce, Reuse, Recycle!!

Current Affairs:

Bunny Ouellette mouellette@timex.com

Welcome to Fall, even though it feels like **winter**.

Now is the time to support your local Veteran's, please call or visit to see what you can do to support them, or help them on Veteran's Day. Your club can offer to help supply the sandwiches, desserts, and or coffee and tea after the celebration at the VFW or on the green in your town. If your town doesn't have something on that day, see if your club can help get something started. Remember the eleventh month, on the eleventh day, at the eleventh hour is very important to them. Please help them celebrate, and thank them for keeping us safe from harm.

Please remember that I will be doing another collection for the troops again at Fall Conference (Oct 30th), at the Presidents Dinner, and one last time at Spring Conference. Please remember to bring supplies of deodorant, chewing gum, hard candy, soap, tooth paste, and also bring old cell phones, chargers, and holders. All of these things can help bring our young men and woman some happiness.

In Junior Pride, Bunnie

Education:

Elizabeth Tischio johntischio@prudentialct.com

"Ancora Imparo" – I'm still learning

When my niece's daughter started kindergarten in New Jersey this year, I sent her a book about a child who was excited about going to school. The book reminded me of the joy of learning and learning to read in particular. I recently purchased *The Ultimate Dick and Jane Story Book Collection*. Millions of Americans remember Dick and Jane (and Sally and Spot too!). The little stories with their simple vocabulary words and warmly rendered illustrations were a hallmark of American education in the 1950s and 1960s. When you share these classic Dick and Jane stories with the children in your life, you will love revisiting a fond part of your childhood. With charmingly innocent exploits and simple, repetitive declarations, these beloved characters helped entire generations work, play, look, see – and learn!

Happy Thanksgiving, Elizabeth

Health:

Luann Clark lacl1498@yahoo.com

Twinkle, Twinkle Berry Bliss (makes 6 servings)

1 Orange

6 cups assorted fresh berries, like raspberries, blueberries and strawberries, divided

½ cup, plus 1 Tbs granulated sugar, divided

3 Tbs cornstarch

1 ½ cups all-purpose baking mix, like Bisquick

¼ tsp salt

½ cup milk

2 Tbs butter, melted

2 Tbs coarse sugar

Heat oven to 400 degrees. Zest and juice orange. In saucepan, bring 4 cups berries, 1/3 cup granulated sugar, cornstarch, ¼ cup orange juice and 1 tsp orange zest to a boil, stirring constantly. Cook 1 minute. Remove from heat. Add remaining berries. Spoon mixture into 1 ½ quart baking dish.

In bowl, combine 1 tsp orange zest, baking mix, salt, milk, and remaining granulated sugar, stirring until soft dough forms. On lightly floured surface, knead dough 10 times; roll out to ½” thickness. Using 2” and ½” star-shaped cookie cutters, cut stars from dough.

Arrange stars on ungreased baking sheet. Brush with melted butter and sprinkle with coarse sugar. Bake small stars 5 minutes and large stars 8 minutes or until golden. Arrange on top of berry filling.

Prep time: 10 min Total time: 20 min Per Serving Cal 365 Protein 4g Carb 68g Fiber 6g Chol 12mg Sod 512 mg Total Fat 10g Sat 4g Trans 1g

Junior Bulletin Editor:

Riva Clark rclark@bkm.com

Did you know the CJW Bulletin may be emailed directly to more than your Club President? Any member can request to be included in the distribution list, for example if you serve your club as Newsletter chair or CJW liaison you might like to receive it instantly when published. Contact me to be added to the distribution list.

Forward club newsletters to Director Teena Bruneau bruneauchrist@hotmail.com, Assistant Director Ronnie Hollis ronniehollis@hotmail.com, and your District Rep. And, to newsletter judges Evelyn Magera evelynfromjuniors@hotmail.com, Lynn Sellers msellers@snet.net, Nancy Carter nancy_carter@sbcglobal.net, and Riva Clark rclark@bkm.com.

Homelife:

Nancy Carter nancy_carter@sbcglobal.net

“We make a living by what we get. We make a life by what we give.” - Winston Churchill

As we approach the holidays and the cold of winter in New England, please do all you can to help others in need. Food and monetary donations are very nice. They’re great. So is taking the time to visit with those in your local nursing homes who have no family. It costs nothing but your time. Can you imagine being all alone with no family close by to come visit? Consider adopting a senior. I guarantee you’ll get as much or more out of it as they will. And then tell me about it in your reports.

Thanks to all Clubs who brought cereal and breakfast food to the September workshop. Ann took two large boxes (thanks Riva) to Ct Food Bank. I’m hoping for an even better collection at Fall Conference.

In Junior Spirit, Nancy Carter

Juniorette Coordinator:

Debi Puzia dapuz55@comcast.net

Thank you to all the Juniorettes and their guests, as well as the CJW Executive Board members, who showed up to help with Juniorette Fall Day. Even though it was rainy and blustery outside, the warmth from the smiles inside made the event a big success. The arts and craft tables were busy with kids waiting to paint faces and pumpkins or work on ghost pops and pumpkin plates. We collected as a group approximately 60 costumes for all age groups. The numbers of kids were less than we had expected but the kids that did show up had a great time. Dave Santis from Covenant to Care for Children was awed by the friendly faces and the eagerness to work on this event. As the Coordinator I want each of you to know how much I admire your hard work and dedication to our clubs. The Advisors and Juniorettes proved that once again as a group we could accomplish any task put before us. On National Make a Difference Day we did in fact make a difference.

As reminder, please be sure to invite me to your next meeting or event. I have a few more clubs that I want to visit before my term ends.

Upcoming is our Spring Conference Mother/Daughter Banquet.....look for more information in the electronic file box. If any club has questions or concerns please contact me either by email or at my home phone.

Debi Puzia

Meeting Planner:

Patti Stankevicius pstanks@netzero.net

Hi Ladies: Just want to remind you AGAIN that we are looking for future hosts for the upcoming administration.....September Board, Fall Conference, Presidents' Dinner, Fall Conference. I know I sound like a broken record but it's very important to get these done ASAP. It's really not hard to do. PLEASE, think about it!!! Happy Thanksgiving to you and your families. God Bless, Take Care

Patti Stankevicius

Public Relations / Website:

Heidi Nelson daffodil8494@yahoo.com

I don't know about you, but November kicks off a busy time of year for me. Between traveling for holidays or playing hostess and the various volunteer activities I don't know if I'm coming or going.

I would like to give a little shout out to the clubs in Cromwell, Vernon, and Cheshire. These three clubs have pages up on Facebook and I am a member of each page. I suggest that each of your members invite their friends to become fans of your page as well and their friends, etc. I recently helped a local community center get their Facebook fan page up and running. It hasn't even been up a week and it has 84 fans, simply from two starter members inviting their Facebook friends to become fans. That is how you grow your page. Then start posting things you want them to know. It doesn't have to just be about your club; it can be anything going on in the community.

Before I end this article, I want to mention that we are into CJW nominations. If you have never considered joining the CJW Board, I ask that you think about it now. I was a member of my local club for just three years before I decided to join the board. It has been so much fun! It really is what you make of it and you'll never meet a greater group of women. After all they come from all of your clubs.

Cheers!

Heidi

Report Writing:

Kathy Znosko kathy.znosko@scouting.org

It's hard to believe, but it's November soon! Reports are due in only four months, with all of the holiday related activities those months hold! If you have developed the habit of keeping records of all of your projects, as they occur, keep it up during this busy time and you will be in good shape when you start putting your reports together to be submitted!

As always, don't hesitate to contact me with any questions or problems regarding reports.

Happy Thanksgiving! Kathy

State Project:

Gretchen Saccone lik2travl@aol.com

Heather Pulito heatherstich@aol.com

In Leadership and Service, Grow with State Project

We were so pleased to see many of you at September workshop. It was wonderful to have Dave Santis from CCC to be with us answering questions and making suggestions. A lot of ideas were shared. One of the ideas shared was that the club put a box in the local grocery store with a theme and asks for donations--either cleaning, birthday, school, etc. As you probably already know CCC has had to close two offices and has had to downsize their staff because of financial reasons. Even though this has happened the "team" is still dedicated to the children and those numbers continue to increase daily. **CCC has closed the Waterbury and Stratford offices** and consolidated into Bloomfield (860-243-1806).

At Fall Conference we will have stockings to be filled by clubs. A list of items has been emailed to the clubs. Please return the stockings to your District Reps by Thanksgiving so that CCC will have enough time to deliver them. PLEASE put the stockings in a box or separate bags so if the stocking tips over all the contents will remain in the stocking. It will also hold the overflow!!! Also **label the stocking as to gender, age and club giving**. If you are unable to attend call either one of us to make arrangements to get stockings. We have not put a dollar amount on each stocking please use your best discretion--don't go over board!! Very exciting that we are helping Santa Claus!!!!

This season Covenant to Care for Children are already seeing another dramatic increase in the numbers of children needing our help with school clothes and supplies, even more than last year. As winter approaches, they anticipate continued growth for requests for winter coats. They want to keep all our kids warm! They want them to stay healthy, be able to learn, and know that there are people in Connecticut that care and are thinking about them. They suggest to buy 2 donate 1 to CCC. They need winter coats for children of all ages, genders and sizes. Please help by donating a new children's coat to Covenant to Care for Children. Call our office to arrange a drop off or, if you have more than 20 coats, please call us to arrange for pickup. Maybe when you are making room in the closet you will find that last year's coat which is outgrown, is not very worn and is suitable for a second life. Add that to your CCC donation for twice the impact! Winter is going to be cold inside and out. Children need to be kept warm in order to thrive and be healthy.

Don't forget to collect loose change at your club meetings. It's amazing how much it mounts up. Our state project chair makes a challenge to us by asking who can make EXACTLY ???? from our change. The winner gets a small token prize. It's been fun to see who can count the change the fastest!!!

As always contact us with any questions, but remember to include both of us in the email address. Please do not contact the Bloomfield office—**ALL questions must go through us!!!!**

Ways and Means:

Sue Spencer razoo@cox.net

Christmas in October

What can you get your members for Christmas? The Ways and Means store is having a blowout sale October 30th, at Fall Conference. Everything is half price (except pins and fleece). Come and see what we have.

We will also be taking a survey for new items. Please help us decide what new items clubs what.

There is still time to order a fleece. The cost is \$30. Sizes and payment will be taken at Fall Conference, or you can email me at razoo@cox.net. An order will be place November 2nd.

Charter Oak District:

Jennifer Quinn jenquinn@comcast.net

Charter Oak District consists of: Barkhamsted, Ellington, Enfield, South Windsor, Stafford, Tolland, Tolland Juniores, Vernon, Vernon Juniores, and Windsor.

WJWC- Happy Fall to Everyone! We have started our year with a Bang! We are happy to welcome our six new members who joined us after attending our September 15th meeting.

Shop 'til You Drop" Sunday November 22, 2009 10 A.M. To 5 P.M. Hilton Garden Inn, 555 Corporate Drive, Windsor, CT Shop all your favorite vendors in one location. Admission \$5 Donation. All proceeds go to local charities.

Lia Sophia, Pampered Chef, Tastefully Simple, At Home America, Longaberger Baskets, Kelzoo Beads, Tupperware, Silpada, Southern Living, Creative Memories, Avon, Earth Elements Jewelry, Mary Kay, Partylite, Polish Pottery, Usbourne Books, Discovery Toys, LA Designs Bags, Katney B Notecards, Scarves Etc., Lingerie Parties Plus, and Beijobags

Raffle Prizes and Cash Bar To learn more about the Windsor Junior Woman's Club visit www.windsorjwc.wordpress.com

NORTHWEST PARK FAIR - Once again the WJWC made a great contribution to the lunch box action benefiting NWP!! Our baskets brought in the following: Chocolate Basket - \$100 Italian Basket - \$125 Wine Basket - \$90 Spa Basket - \$150 Good Reads - \$125

Regal Monarchs District:

Kerry Tully-Zahnke regal.monarch.dr@sbcglobal.net

Regal Monarchs District consists of: Berlin, Cromwell, Farmington, Hebron, Hebron Juniores, Glastonbury, Marlborough, Simsbury, West Hartford, and Wethersfield.

Thanks to all of those who sent me info for the newsletter. Have a great Thanksgiving!

Glastonbury: The members of Glastonbury Junior Women's Club are seeking monetary donations for the Solar Cooker Project. This project trains women and girls in the Darfur refugee camps to use solar cookers that the project donates. Once the women leave the protection of the refugee camp to gather wood they are in grave danger of being raped and killed. The members of the GJWC saved their "coffee money" for several weeks and the money we raised purchased 10 solar cookers at \$15 each. We are hoping to purchase more cookers by the end of December. Donations can be sent to GJWC P O Box 41 Glastonbury CT 06033. So drive by the drive thru and help protect and improve the lives of the women and girls in the refugee camps.

Cromwell: Seasonal Craft Fair Saturday, November 21 2009 9 AM to 3 PM Cromwell Middle School Capt. James Mann Memorial Drive, Cromwell, CT 06416 Open invitation to all to attend and support this event.

Wildbury District:

Gloria Clair gloria@kidstoothcare.com

Wildbury District consists of: Beacon Falls, Bethlehem, Bristol, Cheshire, Litchfield Hills, Middlebury, Oxford, Southbury, Southbury Juniores, Southington, Watertown, Wolcott, Wolcott Juniores, Woodbury, and Woodbury Juniores.

S.H.O.R.E. District:

Phyllis Prokop phylprokop@sbcglobal.net

S.H.O.R.E. District consists of: Durham, East Hampton, Haddam, Lyme/Old Lyme, Middlefield, Portland, Shoreline, Wallingford, and Wallingford Junioresettes.

Dogwood District:



Laura Mann lotakids6@aol.com

I want to thank Milford and West Haven Junioresettes for allowing me to meet their members at their meeting this month. Please remember to send me your club's newsletters. Also any information you would like me to place in the CJW Bulletin by the 13th of each month.

Fairfield Juniors ~

President: Cheryl Eustace ~ cheryleustace@sbcglobal.net

Halloween on the Green

Attention all ghosts, goblins and princesses – join the Junior Women's Club for Halloween on the Green on Saturday October 24th from 10am to 11am at Fairfield's Sherman Green. It's a costume-clad event for preschool children with Halloween games and crafts, activities and goodies which will be capped off by a festive parade around the green and "Monster Mash" on the gazebo. Rain Date is Sunday, October 25th from 11am to 12pm. The event is sponsored by the Junior Women's Club of Fairfield and is free of charge. For more information, please visit jwcfairfield.com. The club will be hosting A Visit with Santa's House, December 12-13 at the Burr Homestead. Ticket price: \$5.

Milford Juniors ~

CO-Presidents: Kim Hulme ~ kimhulme@sbcglobal.net
Jerilyn Shannon ~ Mshanno3@optonline.net

Milford will be hosting a Comedy Night on November 7th at the Shriner's Hall at 7:30 PM. The comedian for that evening is Dave Reilly from MTV and Fox.

Monroe Women's ~

Co=Presidents: Myrna Mills Albino ~ monroewomensclub@yahoo.com
Cindy Nikbin ~ cnikbin@charter.net

On November 14, from 10-4 will be hosting our Annual Craft Fair held at Masuk High.

Newton Juniors~

President: Christine Grabowski ~ chris@kmg-design.com

Orange Community~

President: Dona Wesolowski ~ donnaweso@optimum.net

On October 16th Orange had their new fundraiser "Suds & Bubbles". It was held at Holy Infant Gym.

Stamford Juniors~

President: Mary Garvey ~ The Garvs@aol.com

Stratford Juniors~

**CO-Presidents: Susan Kostopoulos ~ askost@bpthosp.org
Kimberly Bielecki ~ nkbiel@bpthosp.org**

The club is in the process of adopting a social worker through CCC. The will be hosting a Wine Tasting event on November 5th from 7-9:30 at Christ Church. Cost is \$25 per person.

Trumbull Community~

**CO-Presidents: Donna Monks ~ donnasusv@yahoo.com
Laurie Rongey ~ larongey@earthlink.net**

In October the club collected food for the Trumbull Food Pantry, Two members volunteered to help at the Senior Wii Bowling Tournament at the Senior Center. On the 14th they held a New Comers Open House. On the 17th several members will be heading up to Rocky Hill to help Give 2 the Troops assemble care packages for the troops. They will also sponsor a UNICEF drive and a town debate. On November 14 the club will be hosting a Wine & Beer Tasting Fundraiser at Stone Barn in Monroe, tickets \$40 per person. If you are interested in attending you can contact Donna Monks (email above).

Trumbull Young Women~

**CO-Advisors: Laurie Nagy ~ TYWC8@aol.com
Mabel Buttress**

At their October meeting the girls had bring a friend meeting. They decorated Halloween bags for children in the domestic violence shelter. They also made cards for the soldiers so they can be placed in the care package through Give 2 the Troops. They will also be participating at the CCC Halloween Party on the 24th. In November the girls have planned a story time event on the 21st at the local library. They will also decorate the Giving Tree with homemade ornaments. Residents are encouraged to take an ornament and replace it with a gift recommended on the ornaments tag. They will be baking for social service on Nov. 22nd and will also start their annual Santa & Frosty Letter fundraiser. If anyone would like a request form for these letters, just e-mail the club TYWC8@aol.com and we will be more than happy to send you a form. Cost is \$4 per letter.

West Haven Juniors ~

**CO-Presidents: Mala Mistry
Pamela O'Neill ~ Pamela.oneill@century21.com**

On October 12th West Haven had a Bingo night at the Veteran's Hospital and on Saturday the 17th they will be hosting a dinner at a local homeless shelter.

West Haven Juniorettes ~

The girls held their first meeting and discussed upcoming projects and shared fundraiser ideas.

Happy Thanksgiving!

