



<http://www.cjw.org>

JUNIOR BULLETIN

Connecticut Junior Women, Inc.

*“Juniors Make a Difference
in the Lives of Others”*

Vol. 92 No. 13 October 2011

Director:

Ronnie Hollis

“Juniors Make a Difference in the Lives of Others”

Hello to all and Happy Fall.....

I could swear it was not too long ago people were complaining about the hot weather. The seasons go by so fast and we just don't have enough time to enjoy them and then they are over. So I guess we have to enjoy the good weather when we have it.

Speaking of fall, Teena reminded me about "Junior Week" that I totally forgot to mention it in my article in the September Junior Bulletin. Traditionally it starts with Fall Conference and goes on for a week. Some clubs celebrate it with a special night, inviting past members membership social night at a restaurant or do a special article on the club and all the way that I always thought was a very because I do not remember which club it members who put them on their lawns club celebrates being a Junior and being a part of



to a wine and cheese get-together, a taking in a movie, having their local newspaper local organizations the club supports. One cute idea was one club, and forgive me was, but the club had signs made up by the that said "A Junior Lives Here." However your CJW can be done at any time of the year.

One thing that has always bothered me is that how difficult it is for some clubs to get news in their local paper. I have many clubs telling me how much trouble it is to get any club events or news reported in their local newspaper. A short time ago I was contacted by a local paper to be interviewed about CJW and the things we do. So I asked her what is the secret that could be passed on to clubs so they can get their club news published. She told me that the best way is to make the article as interesting as possible. My own personal suggestion is to make a personal connection with the department at the newspaper that does that kind of reporting. It may be called Town News, Local News, Public Relations, Club News, and Community Events, etc. Invite the reporter to a club social event, introduce yourself and ask them for help with writing an article, invite them to talk to the club at a meeting. I am pretty sure it will work for you it has worked for me in the past.

I have a question for all club Presidents. All CJW clubs received a copy of the CJW Blue Book on CD, have you copied or emailed to the chairmen their section of the blue book? Every chair has a section that she has taken the time to prepare which has a lot of information on ideas, helpful hints, where to get additional information, examples of resources, etc. for each department. My other question is similar to my previous one, which is every club gets a CJW Junior Bulletin that goes out monthly to the club's presidents throughout the club year. The Bulletin is another tool that CJW coordinators take extra time to inform all clubs of upcoming events and with loads of that you need to share with your members. Please forward it to your members or have copies available for your membership at club

meetings. This is where CJW Chairs have a chance to share updates on a monthly bases with additional information on ideas, to share great projects from another club, or get the word out about something special....The reason that I have mentioned the CD and the Blue book is so many clubs and their members do not know that they are. So what I am asking you to do is to share these very important tools with your membership and your club chairmen. You will find a lot of answers and responsibilities of clubs in those two items...

Ronnie Hollis

As always in Junior Spirit

And remember Juniors do make a Difference

Assistant Director:

Kathy Znosko

“Start at Home for Membership”

Happy Fall!

October has traditionally been a month to celebrate Junior Women. Last year I suggested that it was a good time to honor your members with special recognitions. And it is. This year I am suggesting that it is also a good time to focus on marketing your club to the women of your community. Here are some ways you can do that.

- buy an ad in your local newspaper
- set up a display in a library or storefront
- have membership brochures available in doctor’s offices and local businesses
- have a booth at local events with membership brochures and photos of the club in action
- have members put up signs in their front yards promoting Juniors instead of political candidates
- ask your city to erect a sign or hang a banner downtown recognizing your club and its work
- send photos and news releases to your local papers highlighting the service you give to your community
- try to get an interview on a local radio or cable TV station
- create a public service announcement and ask a local radio or cable TV station to play it for a designated length of time
- create and memorize a brief promo you can give, in conversation to anyone who will listen, about how great your club is
- host a social; wine and chocolate, ice cream, cider and donuts, or any other theme you can create

Just remember, whatever form of publicity you get or whatever promotional material you distribute, to state that your club is a member of Connecticut Junior Women, Inc. and display the CJW logo.

Have a great October!

Kathy

Immediate Past Director:

Teena Bruneau

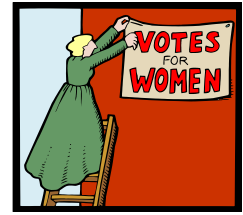
“Grow with Connecticut Junior Women in Friendship, Leadership and Service”

Long Term Affiliation

Reminder: Applications for the 2012-2016 LTA are due no later than November 30, 2011 and should be emailed to Cjw_lta@yahoo.com. Organizations do not need to be sponsored by a CJW club but I would encourage members to hand out the information that was included in the September Junior Bulletin to any non-profit organization that meets the criteria. If you have any questions please feel free to contact me.

2012 CJW Nominations

The Nominating committee will be announced at Fall Conference (10/1/2011). The committee will meet in January to set the slate of officers for 2012-2014. This slate will be distributed to the clubs before the March President's dinner and nominations will be closed at the President's dinner with final voting taking place at Spring Conference.



Too Much to Do

Do you ever feel like your spinning your wheels and not getting anywhere? You are in good company. A lot of women find it hard to sit still & relax. We always have to be doing something and feel like we are wasting time when we aren't doing something. You find you have a busy week ahead of you with lots of things to do so before the week even starts you are stressing. There really is such a thing as relaxing; you just have to find it. Change your attitude about being busy and maintain your sanity.

Rethink Busy. Busy doesn't always mean worthwhile.

Plan Fewer Things. Lighten the load in your schedule. I find it helpful to put my to-dos down on paper, then I study the list & always find things I can eliminate.

Do It When the Spirit Moves You. Participate in activities because you want to & not because you have a list of things to do. When you plan your calendar, leave some "holes" in it. Use these "holes" as your health breaks, by breathing deeply & telling yourself those are your health pockets of time to restore. I can hear some of you now, but the kids have sports & after school activities, maybe your children are over-booked too. Try to distress as you attempt to empty your busy-ness.

From Sanity Savers by Dr. Dale Vicky Atkins with Barbara Scala.

Corresponding Secretary:

Nancy Carter

By the time you read this newsletter I will have sent out the updated files for Club Officer and Juniorette Advisor information. If you did not receive an email from me, please contact me at the email address listed above.

Just a reminder – any correspondence that needs to be communicated to the entire CJW Board of Directors should be sent to me so I can report it at the CJW Board meetings. Examples are thank you notes for awards / scholarships or invitations to District Days.

Requests to send correspondence or a "hardship" letter to other CJW clubs **must** receive approval from the Director first.

If you wish to invite the entire CJW Board of Directors to your club event, the invitation should be sent to the Corresponding Secretary and should be addressed to:

"The Members of the CJW Board of Directors"

Attn: Corresponding Secretary.

REMEMBER: *Use of the CJW Club Lists in the Blue Book for mailings is prohibited without prior authorization from the CJW Director.*

Any questions, I'm a phone call or email away!

In Junior Spirit,
Nancy Carter

Treasurer:

Sue Spencer

The following article is taken from the Blue Book, Treasurer's Section 26-C

GENERAL "FUN" RAISING IDEAS

ENTERTAINMENT - Films, music (pop concert, folk singing, soloists), shows (musical comedies, follies, talent night, puppet, etc.), speakers (entertainers, authors, educators), dance (ballet, folk), demonstrations (cooking, craft, arts), reading (story hours, plays, poetry.)

RECREATION & SPORTS - Exhibition games, invitational tournaments, matches, clinics, lesson series, horse show.

PARTIES - Card games, scrabble, dances (dinner dance, square dance, folk dance, record hop), outings (bus tours, race track, river boat), miscellaneous (beach party, scavenger hunt, hayrides)

BAZAAR IDEAS - Serve snacks, drinks, meals, sell party supplies, candles, toys, accessories, etc.; entertain with games, puppets, musicians, etc.

IDEAS FOR FAIRS & FESTIVALS - Amusements, fortune tellers, movies (classics, comedies), pet shows, children's make up and photographer, booths (handicrafts, books, record, country store).

TOURS - Houses, remodeling, rooms, collections, seasonal, decorations, table settings (parties, holidays, wedding, patio, garden).

FASHION SHOWS - Themes (back to college, spectator sports, vacation time, art, book titles, history, international, new colors or fabrics.)

MEALS FOR A CROWD - Plan a picnic, open house, barbecue, tea, coffee, reception, etc. Theme-it history, antiques, current events, games, celebrations, holidays, music, etc. Feature meals at bazaars, fairs, fashion shows, card parties, Election Day, holidays, town celebrations, homecomings, etc.

Recording Secretary:

Evelyn Magera

"Juniors are great leaders like shining stars guiding the way"

Well Labor Day has come and gone and our Junior year has only just begun. I am so looking forward to seeing you all at Fall Conference/Workshop meeting in October. I will be available at both sessions for any questions you may have regarding recording secretary. For those of you who are taking on this responsibility for the first time, you should take pride with the fact that you are your club's history maker. The minutes from each club meeting is a page in history of how your club is running and how your club is making a difference in your community. So congratulations to you in your new and exciting role.

In Junior Friendship,
Evelyn

Parliamentarian/Leadership:

Lisa Furbush

Arts:

The best pArts of Life:

Elizabeth Tischio

In October I look forward to attending the Paradise City Arts Festival in Northampton, MA. The award-winning fair of fine and functional art takes place on Columbus Day Weekend, October 8, 9, and 10. A “Top Ten Art and Craft Fair in America” since 2004, it is the most acclaimed arts festival in New England.

The fall guide contains this message from the directors:

When, as young artists, we were juried into our first major craft show in 1975, little did we suspect that someday there would be an “American Craft Week,” and that crafts would come to have a significant impact on the national economy. The direct impact just from sales of handmade crafts in America totals fourteen billion dollars! There is also a strong link between crafts and tourism; crafts are a major travel attraction that generates substantial economic development for communities nationwide. As one artist put it, “This is the creative economy!”

A special exhibition is “Picturing the Music.” Music and art share a long-time relationship that is often harmonious, sometimes cacophonous, but always entertaining! As stated in the fall guide:

Music is everywhere. We live our lives listening to our own personal soundtrack. Visual artists have been painting, forging, glazing, glassblowing, and weaving to music throughout history. Artists respond to music by transforming something that is in the air into a physical form.

Creative children’s activities led by the staff of Museums10 and based on the Eric Carle picture book, *I See a Song*, continue the musical theme.

Celebrate American Craft Week at Paradise City!

Elizabeth

Conservation:

Mala Mistry and Pam O’Neill

Happy Fall to All,

Here's an interesting quiz that might be a fun and educational part of your newsletter or meeting. What's your Water IQ?

1. What percentage of the earth’s water is fresh water? 50, 22, or 3%
2. Water that has been used once, but is still clean enough to do other jobs is called? reusable water, green water, or grey water
3. On average what percentage of water in the home is lost through leaks? 2.9, 13.7, 9.3, or 15%
4. How much water does it take to flush the average toilet? 1, 2, 3, or 5 gallons
5. What percentage of water bottles end up in landfills or as litter? 86, 92,44, or 13%
6. True or False, It is greener to wash your car at home.
7. Which of these uses the most water? the faucet, the shower or the washing machine
8. What percentage of our water supply goes to farming? 99, 65,52, or 70%
9. Which uses the most water? washing dishes by hand or using the dishwasher
10. Which is not a drawback of desalination plants? Energy intensive, expensive, desalinated water may cause cancer, or the negative impact to marine life

Answers

1. 3%
2. grey water
3. 13.7%
4. 3 gallons
5. 86%
6. False
7. the washing machine
8. 70%
9. washing dishes by hand.
1. 10. desalinated water may cause cancer

How did you all do? Hope you have fun learning about water.

Hope to see you at workshops, where we will be having some more fun conservation quizzes, prizes will be awarded!

In Junior Pride, Pam and Mala

Current Affairs:

Amanda & Gloria Clair

Last year we tried very hard to get each club involved with the Connecticut Poison Control Center to no avail. This year we are trying again to get each club involved in such an easy project. The phone number for a poison emergency is 1-800-222-1222 and for the hearing impaired it is 1-866-218-5372. Not only are they there 24-hours a day with free, confidential advice, all phones are staffed by poison experts and have interpreters available in all languages. Now, isn't this something worth sharing in your community?

The Connecticut Poison Control center will send you educational materials by request just call 860-679-4422. Please give them a call and spread the news throughout your community!



Another big thank you to Heather from Glastonbury. She always sends me great emails on military subjects. This week she sent me a great little video of people saying "thank you from the bottom of my heart" to any military men or women they see. So if you are at the airport or anywhere else where you see a military man or woman give the sign. To make the sign simply place your hand on your heart as though you're saying the Pledge of Allegiance. Then pull your hand down and out, bending at the elbow (not the wrist), stopping for a moment at about the belly button with your hand flat, palm up, angled toward the person you are thanking. If you go to the "the gratitude campaign: about the sign on the internet you can see the very moving video.

Again, don't forget to vote for any campaigns but keep your club non-political!

Education:

Ann Whitman

Theme: "Learning, the all time adventure"

"Education is what remains after one has forgotten what one has learned in school." ~Albert Einstein

Health:

Norily Casagrande

Hi Juniors

My Family and I just came back from Mexico, we have lots of fun and we also eat lots of tasty food. So now we need to start eating healthier, that is why I like to share some healthy pizza's recipes with you. Also try to drink water, I know it is more difficult now because it is getting cold, but water is good for us, so please try drink 4 glasses a day.

Grilled Caramelized-Onion Pizza with Rosemary, Olives and Prosciutto

Ingredients

- Cornmeal for sprinkling
- 1 t. olive oil
- 2 large red onions, halved and thinly sliced
- 2 T. chopped fresh rosemary
- 3 Cloves of garlic
- Salt and freshly ground black pepper to taste
- 1 14-inch whole-grain pizza crust or store-bought dough
- 20 pitted, oil-cured black olives, coarsely chopped
- 2 oz thinly sliced prosciutto, torn into small pieces
- 1 2/5 c reduced-fat sour cream

Instructions

Heat grill to medium. Alternately, place a pizza stone on middle oven rack, turn oven to 500°F, and heat stone for 20 minutes (or use a baking sheet sprinkled with cornmeal; preheat oven but not sheet to 500°F). If grilling or using a stone, generously sprinkle a wooden pizza peel or baking sheet with cornmeal.

Meanwhile, heat oil in a large nonstick skillet over medium-high heat. Add onion and rosemary; sauté 10 minutes. Reduce heat to low, add garlic, and continue cooking, stirring occasionally for about 10 minutes, or until onions are soft and caramelized. Season with salt and pepper.

On a lightly floured clean surface, roll dough to form a 14-inch circle. If grilling pizza, transfer to prepared peel or sheet, then gently lift and slide dough onto grill grates (don't worry, dough won't slide through the grates). Dough will immediately stiffen and begin to brown; cook 2 minutes. Turn over and cook until bottom side stiffens but doesn't brown, about 1 to 2 minutes. Transfer crust back to peel or sheet (with the more-cooked side facing up) to add toppings. If baking pizza, slide dough onto heated pizza stone or onto baking sheet and cook 5 minutes.

Remove stone or sheet from oven to add toppings.

Scatter onions and olives over pizza. If grilling, slide pizza back onto grill and cook 6 minutes more. If baking, cook pizza 10 minutes more, or until edges are golden.

Next, scatter prosciutto over onions and olives and grill or bake for 2 to 3 minutes more. Transfer grilled pizza to peel or sheet, or remove pizza from oven. Dab small spoonfuls of sour cream all over pizza, spreading them slightly with the back of a spoon. When sour cream begins to melt, cut pizza into 8 slices and serve. (SHAPE MAGAZINE)



Goat-Cheese Pizza with Spring Vegetables and Toasted Pine Nuts. This [vegetarian pizza recipe](#) uses store-bought pizza dough so you can have this on the table in just 40 minutes. That's almost faster than your pizzeria can deliver!

Ingredients

- Cornmeal for sprinkling
- 2 t olive oil, divided

1/2 lb asparagus, bottoms trimmed, cut into 1-inch pieces
1/4 t red pepper flakes
1 medium yellow pepper, cored, seeded, and thinly sliced
6 c packed, chopped escarole, rinsed and spun dry
1 14-inch whole-grain pizza crust (see recipe, p. 214) or store-bought dough
2 T grated Romano
3 oz crumbled aged goat cheese (about 3/4 cup)
2 T pine nuts, toasted
1/4 c torn fresh basil leaves

Instructions

Place a pizza stone on middle oven rack and turn oven to 500°F. Heat pizza stone for at least 20 minutes. (You can also use a baking sheet sprinkled with cornmeal; preheat oven but not sheet to 500°F). If using a stone, generously sprinkle a wooden peel or baking sheet with cornmeal.

Meanwhile, heat 1 teaspoon oil in a large nonstick skillet over medium high heat. Add asparagus, red pepper flakes, and yellow pepper. Sauté 5 minutes; transfer to a small bowl. Place same skillet over medium-high heat. Add remaining 1 teaspoon oil, then the escarole. Cook greens, stirring constantly, for 5 minutes, or until wilted but not brown. Stir in asparagus mixture.

On a lightly floured clean surface, roll dough to form a 14-inch circle. Transfer to prepared peel or baking sheet and slide dough onto heated pizza stone—or just transfer to baking sheet—and cook 5 minutes. Remove stone or sheet from oven to add toppings.

Arrange escarole mixture evenly over crust. Sprinkle Romano cheese over vegetables, followed by goat cheese and pine nuts. Bake pizza 12 to 15 minutes more, or until edges are golden. Remove from oven and top with basil. Let pizza cool slightly before cutting into 8 slices and serving. (SHAPE MAGAZINE).

Homelife:

Bunny Ouellette, 1 Barker Terrace, Wolcott, CT06716 203-879-2754 mouellette@timex.com

In Junior Pride,

Bunny Ouellette

“Life might not be the party we hoped for, but while we are here we might as well dance.”

Junior Bulletin Editor:

Evelyn Magera

“Juniors are great leaders like shining stars guiding the way”

I wish and hope that all clubs are receiving and sharing our means of communicating with all of our members. It was a little disappointing not to see more clubs and their members attend Fall Conference. The CJW board members do their very best to keep you all informed and are always available to everyone for any questions you may have. I did not bring any newsletter copies to the meeting because I wanted to be more “green” to our environment. Please send me an email message if you would like me to forward any electronic copies of other club’s newsletters that you may want to review.

In Junior Spirit and Friendship,
Evelyn

Juniorette Coordinator:

Debi Puzia

Hello Everyone,

Fall is certainly in the air...I can smell the fires burning already. Speaking of fires....let's hope that by now you have started those fires burning under your members to help make this a great year. I am planning Juniorette Fall Day and would love some feedback from all of you. I would like to do a community service project but don't have a lot of info on the mid to lower state area. I was thinking maybe we could clean up a part of the Connecticut River...have a picnic lunch and a meeting.

I made phone calls to every Juniorette group Advisor last week and would like to thank those who called me back. It was nice to speak to the Advisors and hear what is going on in their groups. As always please let me know when you have a meeting or an event so that I can plan a visit.

**Oct. 1st Fall Conference/Workshops ** I will be there doing a Juniorette Workshop. Please let me know if you plan on attending and what information you would like discussed.

In Juniorette Spirit
Debi Puzia

Meeting Planner:

Diane Maxellon

Public Relations / Website: Heidi Nelson (acting as interim webmaster)

Website updates done:

Added call for Fall Conference & Workshops.

Added information regarding RFP for new state project to the "News Room"

Report Writing: Position open – Kathy Znosko (acting interim coordinator)

State Project:

Gretchen Saccone and Heather Pulito

“Think, Care, Help and Share with CCC”



Mission Statement: Covenant to Care for Children mobilizes and channels the generosity of caring and faithful people to advocate for, mentor and provide direct assistance to Connecticut's children and youth who are neglected, abused or at-risk.

Hopefully everyone had a wonderful summer. Now it's time to bucket down and work!!!! This is our last year for our affiliation with CCC. Let's go out with a bang!!!

We have been getting a lot of requests for this information so we have decided to include it in our article. WE also had this in our July article, but it doesn't hurt to repeat it. Hope this helps your clubs plan your year out. As always MONEY is needed very desperately!!!! CCC can do more with money than we can—they have connections!!!!

Also, we are inviting the “powers to be” from CCC to September Workshop. They will be there to answer questions—not to speak. This is a wonderful opportunity to talk one on one with the leaders of CCC.

Here's the year at a glance for collections:

Covenant To Care For Children
Seasonal Calendar



Spring – baskets stuffed with a healthy stuffed animal or warm outfit. See idea list.



snack as well as some candy and maybe a toy or

Linen collection – very gently used or new twin size sheets for the children’s beds.



Summer - Camp bags and summer play packs are what could be a small overnight bag with a, bug spray, flops, sunglasses and other items. Summer play packs could be ropes,, chalk,



we are looking for. Camp bags sunscreen, beach towel, flip balls, kites, Frisbees, jump



Modeling kits, cards, and other fun family games.



Fall – collection for Back to School Load up and stuff a backpack!



Stuff with school supplies – August is when the Stores have sales.

Warm winter coats for the children.



for children, as well as hoodies for teens! Also warm are needed at this time of

Winter -We have the stockings mark age/gender and club



you can decorate and stuff with goodies for the children. Remember to name!

Toys, new and unwrapped, new stuffed animals, gift cards

Items they need all year long...

Monetary donations, challenge your club to a coin challenge or maybe do



a fundraiser.



Birthday in a box – party supplies, cake mix, candles, favors, paper goods and gifts. Put in a decorated box or bag!

Personal care packs - create kits with shampoos, shavers, deodorant, combs. See list



of ideas.



Cleaning baskets-cleaning supplies for the home, we all need those!

Ways and Means:

Sue Spencer, 4 Acorn Drive, Stafford Springs, CT 06076 860.212.0533 razoo@cox.net (acting as interim chair)

If you need items, please give me more than a week to get your order to you. Items are kept in storage and it may take me a few days to get there and then to the post office.

If you want something brought to Fall Conference/Workshops, please pre-order; as I will not be bring everything with me.

<u>Price/</u>	<u>Qty</u>	<u>Total</u>
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item requested cost

President Past and Present	10.00		
Year Pins	5.00		
Membersip Pins	7.00		
Fleece	30.00		
Tote Bags	10.00		
Certificates (25 ct.)	2.50		
Key Chains	2.50		
Logo Stickers	1.00		
Note Pads	0.50		
Twist Pen	0.75		
Pencils (3 ct)	1.00		
Posted Note Pad	0.25		

send to:

Sue Spencer, 114 Pinney Street, Ellington, CT 06029

or email to: razoo1106@gmail.com

or call: 860-212-0533

“DISTRICT NEWS SECTION”

Here’s a suggestion to all clubs. Cut and paste the article pertaining to your district and include it in your club newsletter. Help support your sister clubs with their public events and fundraisers. Call the club presidents or the coordinator for details on the events you find interesting.

Regal Monarchs District: Position open

Attention: all club presidents of this district – You may send me (the newsletter editor) your upcoming events by the 20th of each month and I will gladly include your announcements within this newsletter.

Junior Woman's Club of Berlin
Cromwell Junior Woman's Club, Inc.
Glastonbury Junior Women's Club

Marlborough Junior Woman's Club
Simsbury Junior Woman's Club
West Hartford Junior Woman's Club

Charter Oak District

Patty Nabors

Wildbury District:

Cara Rinaldi

The clubs in the Wildbury District are:

Beacon Falls Junior Woman's Club
Bethlehem Junior Women's Club
Junior Woman's Club of Bristol
Cheshire Junior Women's Club
Junior Women's Club of Litchfield Hills
Middlebury Community Women's Club

Oxford Woman's Club
Southbury Women's Club
Southbury Juniorettes
Junior Women's Club of Watertown
Junior Woman's Club of Wolcott
Wolcott Juniorettes
Woodbury Junior Women's Club

I would like to start off by wishing everyone a happy fall. I love this time of year, the leaves are at their most beautiful stage of color, the air is crisp and Juniors is off and running with great ideas. The Wildbury District has many fun and exciting events that they would like to invite you to in the upcoming month of October.

The Junior Women's Club of Litchfield Hills has an amazing event planned that sounds like a lot of fun. The first is their **Halloween Ball** on Saturday, October 29th from 7:00 pm to 12:00 am. Big Floppy Disc will rock the Litchfield Fire House. Tickets are \$20 per person before October 26th and \$25 per person at the door. If you would like to go to the event please contact Lisa Harrison, President of the Junior Women's Club of Litchfield Hills at info@jwclitchfieldhills.org

The Junior Woman's Club of Watertown is holding a pasta fundraiser by Fun Pasta Fundraising. The fundraiser consists of fun shaped pastas and soups, which people could purchase for \$6.50 and \$7.50. If you would like to purchase any pasta to make any day of the week or holiday extra special, you could contact Cara Rinaldi via phone or email. They are also joining in the save lids to save lives campaign by Yoplait yogurt. For every pink lid you send in by December 31, 2010, Yoplait will donate 10 cents to the Susan G. Komen for the Cure. When you eat a pink lid Yoplait yogurt please save the lid and send it to Cara Rinaldi.

I would like to remind all of the Wildbury District clubs that my calendar will be a little full for the next couple of months due to the fact of my beautiful child coming into this world very soon. I am always available by email, phone or snail mail if you have any questions or concerns. Please feel free to contact me with any upcoming events and news about your club, so we can all stay informed.

S.H.O.R.E. District:

Diane Neri

Durham Woman's Club
Haddam Junior Woman's Club
Lyme-Old Lyme Junior Women's Club
Middlefield Junior Woman's Club

Mystic Junior Women's Club
Shoreline Community Women
Wallingford Junior Woman's Club

Ready or not, it's time for another club year. I'm looking forward to seeing everyone at the combined Workshops and Fall Conference on October 1st.

Durham and Middlefield are crazy busy getting ready for the Durham Fair September 22-25.

Shoreline had a beautiful day for their 5K Road Race.

Clubs have been asked to select one member to represent their club as we try to plan an interesting District Day activity.

Dogwood District:

Heidi Nelson

Junior Women's Club of Fairfield
Junior Woman's Club of Milford
Monroe Women's Club
Newtown Junior Women's Club
Orange Community Women
Stamford Junior Woman's Club

Stratford Junior Woman's Club
Trumbull Community Women, Inc
West Haven Junior Woman's Club
Trumbull Young Woman's Club
West Haven Juniorettes

Trumbull Community Women - Family Circle listed Trumbull, CT as one of its 10 Best Towns for Families of

EDITOR'S CORNER

REMINDER: You should hear from your respective district representative who will be calling the club presidents in her district and giving phone interviews to obtain answers to each question on the demographics poll that was sent out with the September Junior Bulletin. Please do your best to cooperate with them, or send the completed form to me ASAP. Contact me if you need another copy of the form. Thanks!

